Physical Education Grading Explanation and Class Expectations

Each student will receive **10 possible points** each day. Points will be based on:
- Warm up, Stretching, Conditioning
- Meeting class expectations
- Active participation in the activity
- Cooperation, Sportsmanship

### Scoring Guide for Physical Education Grading

<table>
<thead>
<tr>
<th>For 10 points:</th>
<th>For 9 points:</th>
<th>For 8 points:</th>
<th>For 7 points:</th>
<th>For 6 points:</th>
<th>For 5 points:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student must follow all the requirements for the class: proper dress, class expectations, completing all warm-up laps without walking, completing the entire stretch routine without missing anything, completing the conditioning without walking, actively participating with great effort, showing positive cooperation with the teacher and classmates, and a positive attitude toward the teacher, classmates, and class in general.</td>
<td>Student does not meet in one of the areas.</td>
<td>Student does not meet the requirements in two of the areas.</td>
<td>Student does not meet the requirements in three areas.</td>
<td>Student is properly dressed but does not meet the requirements in four areas.</td>
<td>Student is not properly dressed for class OR the student has an excused absence and needs to make up the class.</td>
</tr>
</tbody>
</table>

**Note:** Students will be allowed to miss three classes for medical reasons (with doctors note) or school sponsored trips without having to attend make up sessions. Other absences, including parent EXCUSED need to be made up for credit/points to be earned.

**DRESS:**
- Students are recommended to wear T-shirts (with crew-neck and sleeves) or sweatshirts
- Athletic socks; and athletic shoes appropriately tied.
- Clothing with inappropriate language, graphics, or advertisements is NOT acceptable.
- Only headgear that is religious in nature will be allowed.

**LOCKS:**
Each student will receive a lock at the beginning of the semester. PLEASE MAKE SURE YOU SECURE YOUR BELONGINGS IN LOCKED LOCKERS!
Each student is responsible for their lock throughout the semester. Should the lock be lost or stolen, the student will be required to pay a $10.00 fine.
Part of your responsibility for this class is to return your lock at the end of the semester. If you drop the class for any reason please return your lock ASAP.
CLASS EXPECTATIONS:

● NO FOOD OR DRINK, except for water bottles, should be brought into the locker rooms or class areas. This privilege may be revoked if bottles are not properly disposed of or at the teachers discretion.
● Each course will include fitness tests at the beginning and end of each semester.
● Each course requires warm-up laps and conditioning.
● Students will be expected to enter the locker room through the downstairs hallway doors. All students should stay in the locker room until it is time to go to the gym together. (It is important for each student to have teacher supervision in the case of fire, severe weather, or other emergency situations). Students should use the restroom before going to the gym.
● Do NOT leave the gym or other class areas without permission.
● Inappropriate language will not be tolerated.

ABSENCES:

● Excused absences and days when you are dressed out but unable to participate because of illness or injury must be made up in SEVEN DAYS in order to receive the 5 possible points. That is, if you miss two days consecutive, you have 14 days to make them up, etc.
● Students will be allowed to miss three classes for medical reasons (with doctors note) or school sponsored trips without having to attend make up sessions.
● Other absences, including parent EXCUSED need to be made up for credit/points to be given, just like expectations in other classes to complete work when absent.
● Make up opportunities are as follows:
  o Attend another class during advisory, AUT, or Zero Hour class.

● As per school policy, excessive absences may result in loss of credit.
● Doctor’s excuses should be obtained if a student is ill or injured for more than two classes. The student will be expected to dress out unless it is impossible.
● In the event of an injury that precludes them from participating in class for two weeks there must be a documented doctor’s note. If the injury requires an absence longer than two weeks every effort will be made to find another class to earn credit.
● School related absences, e.g. field trips/athletic events should be made up after the third absence.

GRADING:

● Truancies and inappropriate dress days cannot be made up!
● Daily participation points cannot make up for the seriousness of the “infractions”.
● When a student is NOT properly dressed, they are sent to the office on an “inappropriate dress” referral and then spend the rest of the block in our loss of privilege room. This is done for supervision/safety issues since a student who is not participating in class activities, either in the gym or outside can be supervised better away from the physical activity that is occurring that day. By the third “inappropriate dress,” a student is removed to loss of privilege and receives a disciplinary consequence. Not participating in physical activity is similar to refusing to work in a classroom setting (insubordination)
● In order to earn credit you must attend/ participate in 60% of the class.

GRADING SCALE:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>100%-94%</td>
<td>A</td>
</tr>
<tr>
<td>93%-90%</td>
<td>A-</td>
</tr>
<tr>
<td>89%-87%</td>
<td>B+</td>
</tr>
<tr>
<td>86%-83%</td>
<td>B</td>
</tr>
<tr>
<td>82%-80%</td>
<td>B-</td>
</tr>
<tr>
<td>79%-77%</td>
<td>C+</td>
</tr>
<tr>
<td>76%-73%</td>
<td>C</td>
</tr>
<tr>
<td>72%-70%</td>
<td>C-</td>
</tr>
<tr>
<td>69%-67%</td>
<td>D+</td>
</tr>
<tr>
<td>66%-63%</td>
<td>D</td>
</tr>
<tr>
<td>62%-60%</td>
<td>D-</td>
</tr>
<tr>
<td>&lt; 60%</td>
<td>F</td>
</tr>
</tbody>
</table>