

GOOD MORNING CYCLONES!

WE ARE LIVE FROM MS. COOPER'S
Science Olympiad STEAM Class

**TODAY IS FRIDAY, FEBRUARY 25TH AND HERE IS WHAT YOU NEED TO KNOW
TODAY IS A B DAY**

FUN FACTS FROM THE JMS MEDIA CENTER



TODAY IS QUIET DAY. GO TO THE JMS MEDIA CENTER SCHOOLOGY COURSE AND TELL US YOUR FAVORITE PLACE TO GO FOR QUIET TIME.



THE MORSE CODE IS NAMED FOR SAMUEL MORSE, WHO WORKED WITH OTHER INVENTORS TO DEVELOP THE TELEGRAPH AND THE MORSE CODE SYSTEM IN THE 1830S AND 1840S.



IPADS MUST COME TO SCHOOL EVERY DAY!



ARE TEENS TOO YOUNG TO DRINK COFFEE? CHECK OUT THIS DEBATE IN THE WEEK JR. WHICH CAN BE FOUND IN FLIPSTER.

WHATS COMING UP NEXT WEEK?

MONDAY AFTER SCHOOL

- TOP Club meets in Guidance
- Video Gaming Club in room 321
- Kindness Club in room 223
- Voices of Jeff in room 26

All Clubs meet 2:45 - 3:45 unless the sponsor tells you otherwise!



TUESDAY AFTER SCHOOL

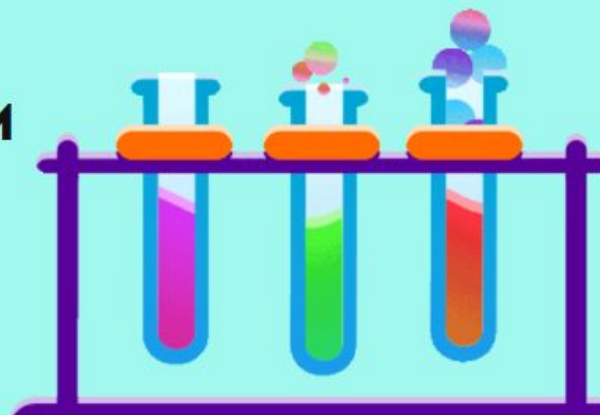
- There are no club meetings due to Parent-Teacher Conferences



Exploring the World of Science



**CONGRATULATIONS JMS SCIENCE OLYMPIAD TEAM
ON YOUR
2ND PLACE FINISH IN REGIONALS!
STATE COMPETITION IS NEXT!**



**EVERY SINGLE MEMBER OF THE JMS TEAM PLACED IN SOME
WAY...AWESOME!!!!**

INTEGRITY CHALLENGE TIME

- **HOW DO YOU WANT TO BE REMEMBERED AFTER YOU LEAVE JMS?**
- **ARE YOU THAT PERSON TODAY?**
- **IS INTEGRITY IMPORTANT TO YOU?**
- **HOW DO YOU FEEL WHEN YOU KNOW THAT SOMEONE IS NOT STANDING UP FOR WHAT THEY KNOW IS RIGHT?**
- **THIS WEEK PICK ONE THING THAT YOU ARE GOING TO WORK ON - TELL SOMEONE YOU ARE GOING TO DO AND FOLLOW THROUGH!**



CYCLONE TRACK AND FIELD

MONDAY IS THE FIRST DAY OF TRACK PRACTICE!

Step 1: Do you have your physical turned in to Coach Clowe or Ms. Hagan in the office?

Step 2: Meet in the AUDITORIUM right after school on Monday!



Come ready on Monday with the following: Sweats, shorts, t-shirt, water bottle and a good attitude!

Practices will be held Monday through Friday until 4:45pm.

Have your rides pick up on the north side of JMS, near the media center every day!

CYCLONE NATION

5 THINGS TO DO BEFORE YOU GET UP EACH DAY

1. Express gratitude.
2. Set your intentions for the day.
3. Take 5 long deep breaths in and out.
4. Smile for no reason.
5. Forgive yourself for yesterdays mistakes.

WHAT'S FOR LUNCH TODAY?

- Chicken Drumsticks w/Whole Grain Dinner Rolls
- Seasoned Green Beans
- Garden Bar with Fresh Fruit
- Low Fat Milk

**HAVE A GREAT WEEKEND
CYCLONES!**