How to Stop Schoology Notification Emails

Are you getting annoying Schoology emails every time someone submits something, joins, or adds content to a course or group you're involved in (say, the RBHS Faculty 20-21 page)?   Change your notifications!

Notifications are in the upper right hand corner of your Schoology course page. All you need to do is uncheck (or check) the boxes you want, so you only get the emails you want.