

Columbia Public Schools – Middle Schools Physical Education Policies

I. Goals:

- a. Improve the level of fitness of all students.
- b. To offer a wide variety of activities to engage every student's interest.
- c. To encourage a healthy lifestyle through the activities offered.
- d. To promote positive/cooperative play in team activities.
- e. To promote skill progression in activities.

II. Dress out policy:

Students will be expected to dress out and participate every day wearing the appropriate clothing listed below. Students who dress out and participate receive 10 points per day. Students who are unable to dress out, but can safely and fully participate receive 7 points. Teacher will contact the parent/guardian and the Home School communicator for persistent non-dresses.

- a. Tennis shoes (that tie)
- b. Crew neck T-shirt (no beaters and no spaghetti straps)
- c. Shorts (no sagging, no short shorts, finger tip)
- d. Socks (extra pair)
- e. Sweats (for cold weather)

III. Excuses from Participation:

- a. Medical- A doctor's note will excuse you for whatever length of time specified. If the doctor's note does not specify a return date, a doctor's permission must be obtained before the student may participate in class. Student will remain engaged in the learning as determined by the teacher.
- b. Parent/Guardian note- will excuse you from participating in the class for the day, but student will remain engaged in the learning as determined by the teacher.
- c. If the student becomes ill during the school day, they should inform the teacher who will determine if they need to see the nurse or sit out, yet remain engaged in the learning.
- d. Students will be expected to make up any work missed for excused absences or parent/guardian notes.

IV. Grading Policy:

Your academic grade in Physical Education is based on active participation and assessment of skills and knowledge, not **ATHLETIC ABILITY**. Skills will be taught and evaluated and written assessments given over the main units.

- a. Academic grade is based on:
 1. Participation
 2. Assessments
- b. Students will also receive Conduct and Effort grades.

CPS Grading Scale: Pass: 60% and above, Fail: 59% and below

V. Safety Precautions:

- a. No clothes that your teacher considers harmful to you or your classmates.
- b. No gum or candy
- c. No jewelry (i.e. dangling earrings, bracelets, and necklaces/chains)

VI. Locks

- a. You will be furnished a combination lock for which you will be responsible. If this lock is lost you will be provided a replacement lock and charged \$7. You will not be allowed to replace the lost lock with one of your own.
- b. Everyone is encouraged and reminded to lock up their possessions.
- c. Do not share lockers or combinations with others.