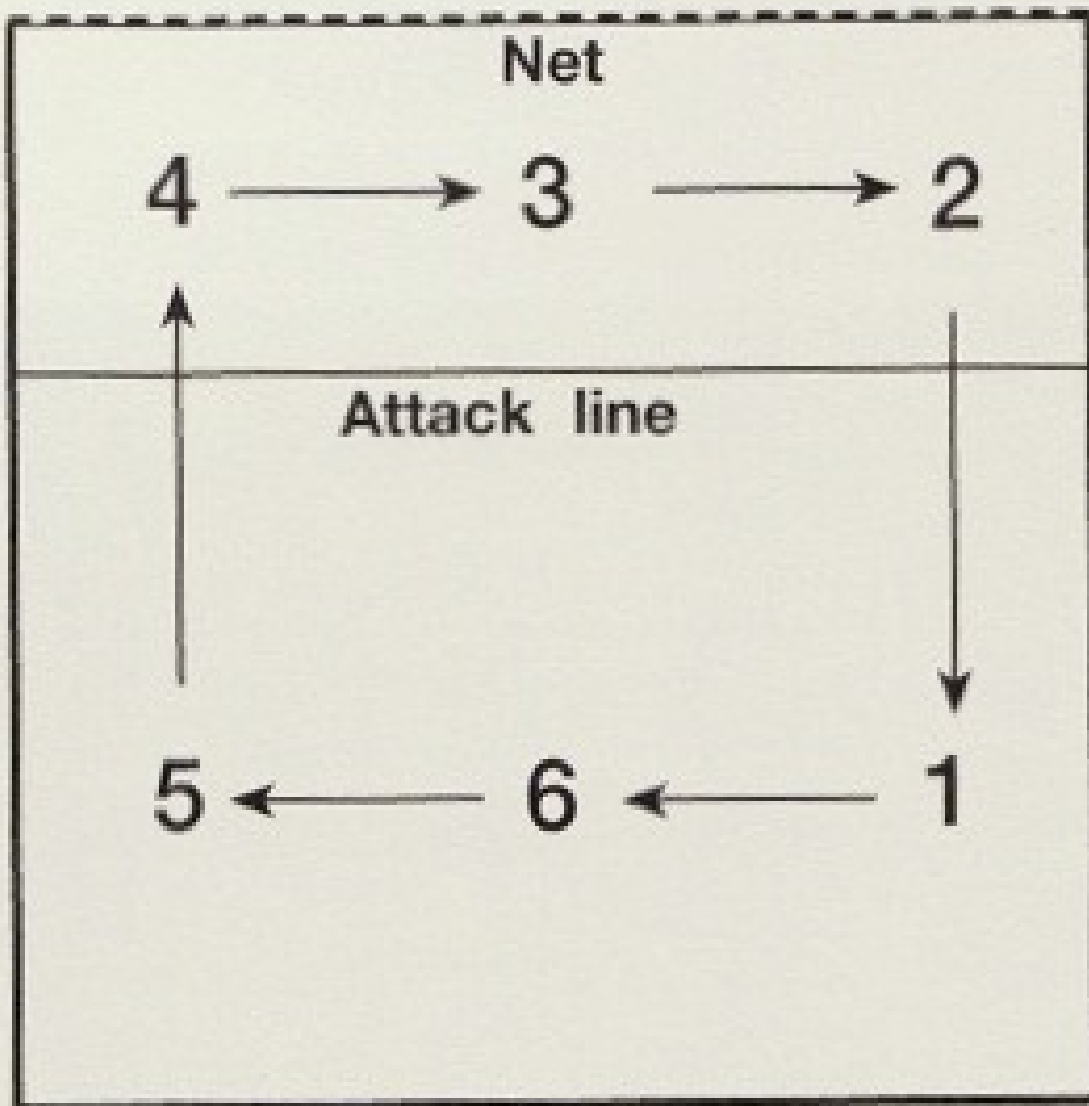


Volleyball Rotations

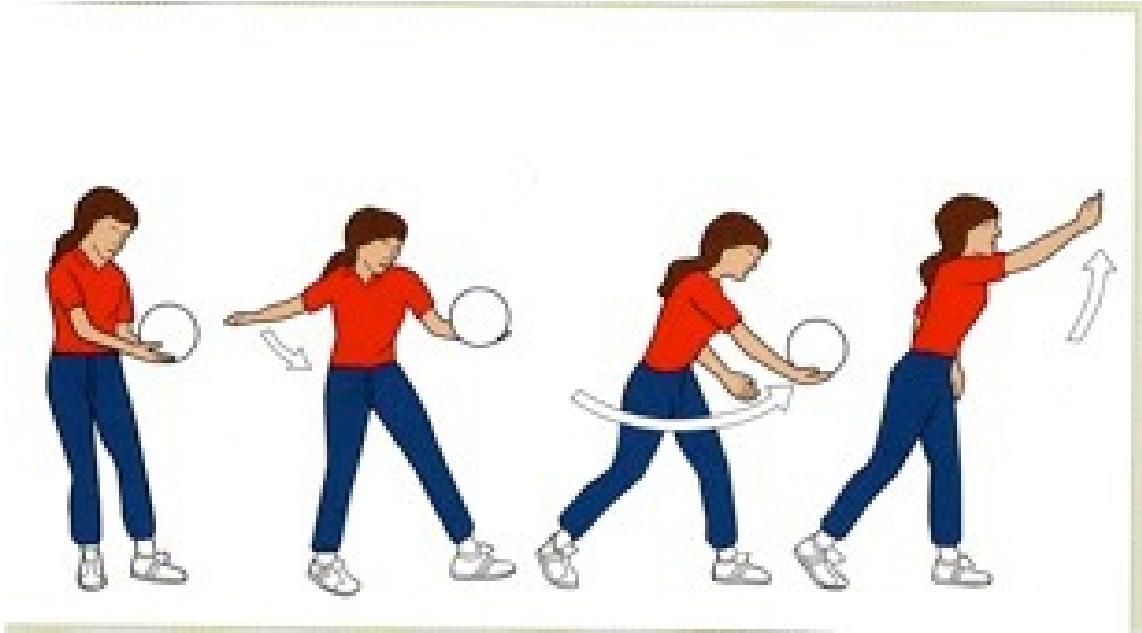
The team winning a rally scores a point. This is known as rally point scoring. When the receiving team wins a rally it scores a point and the right to serve. Its players rotate one position clockwise.

The same player carries on serving until their team loses a rally. When the receiving team wins a rally it wins the right to serve and its players rotate 1 position clockwise, as shown in the diagram.

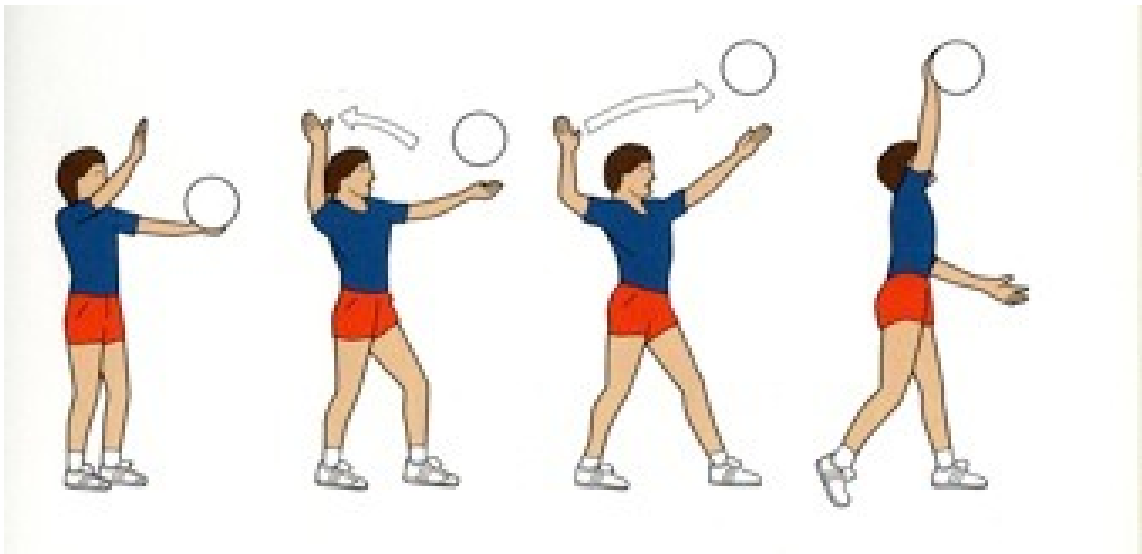


Volleyball Skills

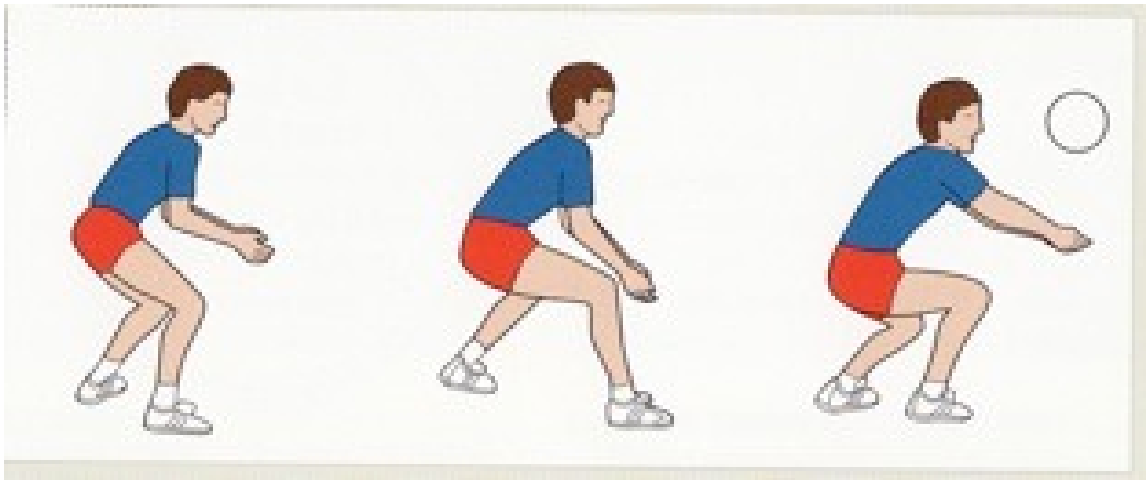
Underhand Serve



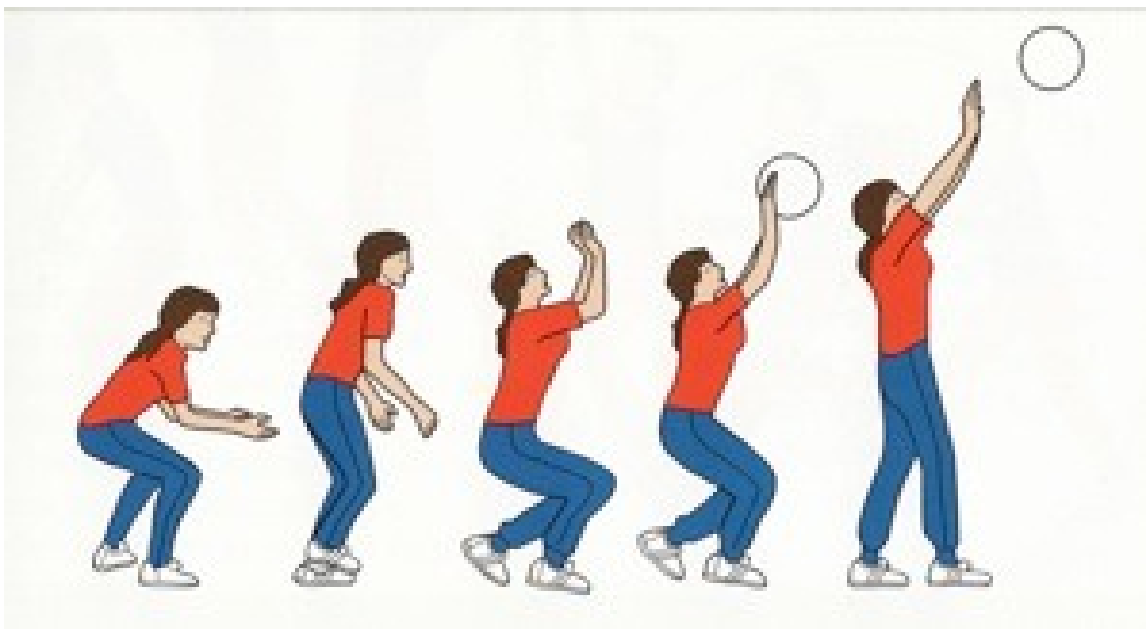
Overhand Serve



Forearm Pass / aka "bump" or "dig"



Overhead Pass / Set



Spike



Block

