ANNOUNCEMENTS

MONDAY, OCTOBER 12, 2020

Ms. Young
Mr. Coleman
MINDFULNESS

https://youtu.be/R9w7SjHaZmE
INDIGENOUS PEOPLE DAY

On the second Monday in October, we celebrate Indigenous People Day. It is often referred to as Native American Day. Indigenous People Day is related to another Native American Day, celebrated on the fourth Friday in November. To further complicate matters, what is the definition of indigenous people and native Americans? Are they the same? Who exactly are we celebrating and honoring, and why? Are you among the many people who are confused!? Read on.......
Let's understand the definitions first, so we clearly understand who we are referring to, and to whom we are celebrating and honoring. Indigenous people are those who first populated an area before anyone else. Natives are defined as people who have lived in an area since birth. Yes, you are native to where you were born. It became confusing when the term "American Indian", considered to be offensive, was changed to "Native American". However most, if not all of us, are comfortable using the term "Native American", to refer to people who are indigenous to the United States.

Whew!. I'm sure glad that definition is out of the way.
This day is used to honor and celebrate indigenous people, those very first settlers of a region. Who were the original inhabitants of your city or town? Do you know what tribe they belonged to? Are they still in your area? Today is a great day to learn more about them. Your local library or town historian are great sources for this information.

Schools, libraries, historical societies and local government should use this day to provide educational programs, lectures and exhibits on the indigenous people who first lived and worked the land in your area.
HISPANIC HERITAGE MONTH VIDEO

https://youtu.be/ZqwAN60b8GY
MACARONI AND CHEESE
WHOLE GRAIN DINNER ROLL
CELERY
CORN
CRANBERRIES
JUICY ORANGE
MILK
Today it will be mostly cloudy with a high of 75 degrees
TREAT OTHERS the way you want to be TREATED.

Don't let the word MONDAY scare you... do something awesome.