ANNOUNCEMENTS

MS. YOUNG

MR. COLEMAN
MINDFULNESS VIDEO

https://youtu.be/CvF9AEe-ozc

Be Mindful Today!
DID YOU KNOW?????

- According to legend, on October 8, 1871, Mrs. O'Leary was in her barn, milking her cow. The cow kicked over a lamp, which started the Great Chicago Fire of 1871. The fire burned for over 27 hours. When it was over, more than 300 people were killed, 100,000 people were left homeless, and over 17,000 structures were destroyed.
Fire Prevention Week is during the week in which October 9th falls. The Great Chicago fire sparked major efforts in fire prevention. Forty years later, the Fire Marshall's Association of North America (FMANA) held the first Fire Prevention Day. In 1920, President Woodrow Wilson proclaimed Fire Prevention Week.

The Saturday during Fire Prevention Week is Fire Service Recognition Day.
• Did You Know? Dalmatians became fire dogs because they were often kept around the horses at fire houses to guard them.

• Remember "EDITH", which stand for "Exit Drills In The Home". Today is a good day to have a practice drill.
The U.S. Hispanic population reached 60.6 million in 2019, up from 50.7 million in 2010. This makes Hispanics the nation’s second-fastest-growing racial or ethnic group after Asian Americans. Hispanics made up 18% of the U.S. population in 2019, up from 16% in 2010 and just 5% in 1970.
A record 32 million Latinos are projected to be eligible to vote in 2020, up from 27.3 million in 2016. The 2020 election will mark the first time that Hispanics will be the largest racial and ethnic minority group in the electorate, accounting for just over 13% of eligible voters.
WORLD EGG DAY

- Date When Celebrated: Second Friday in October
- What's all the excitement about? Why, today is World Egg Day!
FUN FACT!!!!!!!!!!

- **World Egg Day** celebrates and promotes the benefits of eggs. It is truly a world, or international, celebration, from China and New Zealand, to Great Britain and Mexico.

- This is no yolk. Eggs certainly are what they are cracked up to be. Aside from high cholesterol, eggs are a healthy food. High in nutrition, and low in fat, people all over the world enjoy eggs. And, they celebrate eggs on this day.

- **1,000 Year old Eggs!** Now here’s a yummy treat. Buried in the ground for a period of time, Thousand Year Old Eggs are a real treat in China.

- Don’t have egg on your face, by forgetting this special day. We can think of a dozen reasons to enjoy World Egg Day to the fullest. We know eggs-exactly how people begin this special day.... with eggs for breakfast. And, there’s ohh so much more you can do with them.
• Ways to celebrate World Egg Day:
  • First and foremost, eat some eggs today. You can have them for breakfast, lunch or dinner.
  • Learn more about the health benefits of eggs.
  • Have an Egg Hunt. Who says egg hunts are only at Easter!? More on Egg Hunts.
  • Hold a debate with the question: "Which came first, the chicken or the Egg?"
  • Have an Egg throwing contest. It's a big sport in Great Britain.
  • Send an Egg Ecard to family and friends.
  • Read an eggy story to your child. We suggest reading "The Goose that Laid the Golden Egg".
  • Decorate some eggs.
TODAY’S LUNCH

• Cheeseburger on Whole Grain Bun
• Grape Tomatoes
• Fresh Broccoli
• Beans
• Apple Slices
• Raisins
• Milk
WEATHER

• Today it will be mostly sunny with a high of 83 degrees.
"Education is not the learning of facts, but training the mind to think."

- Albert Einstein