Announcements

Ms. Young
Mr. Coleman
Mindfulness Video

https://www.youtube.com/watch?v=4hzvx2EBTfE
Today is International Dot Day

Every September 15 is International Dot Day and today we start with a story about a little girl named Vashti, the protagonist of Peter H. Reynolds’ tale, “The Dot.”

Vashti felt like she couldn’t draw — but her art teacher wouldn’t accept that. “Just make a mark, and see where it takes you,” the teacher said to Vashti. So, she marked her parchment paper with a small dot. The next day, Vashti was surprised to find her paper with the dot on the classroom wall. Vashti was so proud of her work that she started creating drawings with different kinds of dots.

Eventually, Vashti was able to pass onto someone else the lesson about confidence that she had learned from her teacher. A dot might be small, but it’s a powerful way to show your unique individuality and creativity. And that’s the story that started International Dot Day. The end.
International Day of Democracy on September 15 allows us the opportunity to celebrate and appreciate our democratic society. It’s very easy for people who live in a free society to take their freedoms for granted. Yet, when freedom is absent, life includes unimaginable challenges that are often incomprehensible. Today, let’s reflect on the history of democracy around the world, thank those who influenced the development of our government, and look for opportunities to promote and protect our own nation’s democracy.
Weather

Today the high will be: 81 and mostly sunny
### Lunch:

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<tbody>
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<td>Cook’s Choice</td>
<td>Fresh Broccoli</td>
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<td>Green Beans</td>
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<td>Canned Mixed Fruit</td>
<td>Raisins</td>
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<td>Milk</td>
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“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.”

— Malcolm X