ANNOUNCEMENTS

Ms. Young
Mr. Coleman
MINDFULNESS VIDEO

https://www.youtube.com/watch?v=CvF9AEe-ozc
IT IS FALL EQUINOX
SUMMER HAS SLIPPED AWAY. HOPE YOU ENJOYED THE SEASON.
THE 2020 FALL EQUINOX ARRIVES IN THE NORTHERN
HEMISPHERE ON SEPTEMBER 22 AT 8:31AM EDT.

Date: Tuesday, September 22, 2020
Symbolically, the fall equinox reminds us to be grateful for the “harvests” in our own lives over the course of the year.

WHAT DOES THE FALL EQUINOX MEAN?

Astronomically it’s the day when the sun crosses the *celestial* equator heading south. Thus, the fall (and *spring*) equinoxes provide Earth with roughly 12 hours of daylight and 12 hours of darkness. Oh, and after another blazing hot *summer*, the first day of fall signals cooler weather.
**Gandalf** the Grey said it best: “**Hobbits really are amazing creatures.**” This September 22, celebrate **National Hobbit Day** by recognizing J.R.R. Tolkien’s most lovable and heroic characters. Hobbits are shy, yet capable of great courage; reluctant to leave their homes, yet thirsty for adventure; quiet and peaceful, yet eager to host parties. With such wonderful characteristics, Hobbits have endeared generations with their affable complexities. (Here’s some Hobbit trivia: Tolkien envisioned these small people as a separate race, like the Elves and the Dwarfs. Therefore, **Hobbit** is always capitalized.)

This fall, enjoy one of Tolkien’s classic written works and let your imagination take you on an adventure alongside Frodo and Bilbo Baggins. Just remember: “home is behind, the world ahead” – J.R.R. Tolkien
HOBBIT DAY ACTIVITIES

Have a feast
Hobbits enjoyed as many as six meals a day, so make sure that your festivities include a good amount of food. Known for their well-stocked pantries, Hobbits never miss a chance to sit down among friends and share a good meal and lively conversation.

Give a few gifts
Represent one of the peaceful pursuits of Hobbits by giving gifts and sharing in the spirit of community. Simple, creative gifts, such as toys, jewelry and small musical instruments are perfect tokens for the festivities.

Go on an adventure
In the spirit of Hobbits, throw caution to the wind and step out from your cozy household. Whether it be a short walk in a new neighborhood or a trip to Cambodia, experience the thrill of the unknown — just like a Baggins. Explore the world!
Celebrate Hispanic Heritage Month

September 15 to October 15

¡Mes de la Herencia Hispana!
FUN FACT

DID YOU KNOW?

• Dr. Ellen Ochoa was the first Hispanic woman astronaut to go into space
Carlos Santana was the first Hispanic Rock & Roll Hall of Fame inductee in 1998.
Today will be sunny with a high of 80 degrees.
Today’s Lunch

1. Turkey Hoagie Sandwich
2. Fresh Broccoli
3. Baby Carrots
4. Crisp Apple
5. Raisins
6. Milk
TODAY’S QUOTES

When the world says Give up.
Hope whispers...
Try it one more time.