



Make life easier for your loved ones

Make sure your beneficiary designation matches your wishes. Review your information today.

Keep your beneficiary info up to date

Naming your beneficiary—and keeping the information current—is an important aspect of managing your retirement account. A birth or marriage may have changed your thinking since you made your original choice. Or maybe you never designated a beneficiary at all. Missing or outdated information can create significant delays and costs for those you leave behind.

Updating your beneficiary information takes just a few minutes online.

The good news is that it's easy to name, change or confirm your beneficiaries.

- Log in to your account at [TIAA.org](https://www.tiaa.org).
- Under My Account, select Change Beneficiaries from the Profile section.
- From there, you can designate beneficiaries, and select how much each should receive.

If you prefer, you can complete a paper form and return it by mail. To download a form, visit [TIAA.org](https://www.tiaa.org). To have a form mailed to you, call us at **800-842-2252**. For your protection, we cannot change your beneficiary over the phone.

And remember, you can change your beneficiary information again at any time.

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