Greetings from the Principal

It is my pleasure to welcome everyone to another fantastic school year at Jefferson Middle School. By working together, we can foster the "challenging, caring, and stimulating," environment necessary to have another outstanding school year. We are looking forward to an exciting year with new opportunities for our students. This year we will pilot our new STEAM electives for all grade levels. Students will have a variety of unique electives such as Apocalyptic Survival, Design and Manufacturing, Music Recording, Video Game Creation, and many others. These are opportunities only offered at JMS. We are thrilled to be taking our first steps toward becoming a fully integrated STEAM school.

It is important that all of our students are able to freely access technology within our classes and curriculum. Columbia Public Schools requires students to complete a technology usage form to utilize technology while on campus. Also, a copy of the student handbook will be made available electronically. Online verification of both documents will be sent out from our district office in August. If you require paper versions of this information, please contact our main office.

I encourage all parents to join our Parent Teacher Student Association. The PTSA directly supports various student activities throughout the year. Without the support of the PTSA, there are many activities and opportunities we would be unable to offer our students. PTSA membership and volunteer forms are included in this mailing. I look forward to having you at our meetings.

Again, I want to welcome you to another school year, as we pursue student academic excellence together. Please feel free to contact me any time at gcaine@cpsk12.org or make an appointment by calling 573-214-3210, should there be anything I can assist you or your child with this school year. You may also follow me at @Caine_JMS on twitter as well.

Dr. Greg Caine, Sr.
Principal
Schedule Pick-Up Day

August 8 is the date for students to pick up class schedules, find lockers, have yearbook/ID pictures taken, and submit essential information needed by the school.

Students should arrive between: 3:30 – 7:30 P.M.

Students should arrive only at the time designated. Our goal is that the process will take no more than one hour to complete. Students will enter through the north entrance auditorium doors.

Parents, we want you to attend, too! You can turn in PTSA information included in your summer mailing, get set up on eSchools Home Access, Schoology, purchase a yearbook, or a family activity pass, if you choose.

Required to bring:
Students must bring a completed Health Information Update (included in this packet in order to get a schedule).

Other forms/checks you may bring:
PTSA Membership - $9.00
Family Pass - $50.00
[Admission of family of 5 to all home games @ JMS]
Money for yearbook - $15
Fundraiser donation – Amount determined by donor
Pictures – Students will need to have a picture taken in order to get a student ID. Student IDs are used for entrance to events and for media center usage. Bring the picture envelope if you want to purchase pictures at this time.

Important Dates for August and September

August –
• 8 – Schedule pick-up day 3:30-7:30 p.m.
• 14 – School Jump Start Day for 6th grade students only 7:30-12:05 p.m.
• 15 – First day of school 7:30-2:35 p.m.
• 20 – Back to School Night 6:00-8:15 p.m.

September –
• 2 – No school, Labor Day holiday
• 30 – No School, District Professional Development

Back to School Night

One of the first activities scheduled for parents is our annual Back to School Night on August 20. Please plan to come to JMS and meet all of your child’s teachers. The evening will be from 6:00 p.m. - 8:15 p.m.
Administrative, Guidance & Support Personnel

Athletic Director – Jodi Rowe
Assistant Principal – Kerri Graham
Guidance Counselor A-K – Barb Moore
Guidance Counselor L-Z – Mike Hogan
Outreach Counselor – Ann Baker
Home School Communicator – Michael Onwulata
School Nurse – Betty Cramer
ECA Secretary – Ashli Hagan
Attendance Secretary – Jennifer Weston
Guidance Secretary – Shakeera Schneller
Principal’s Secretary – Danielle Smith
Principal – Dr. Greg Caine, Sr.

First Week of School

Wednesday, August 14, will be our 6th Grade Jump Start Day, lasting from 7:30-12:05PM. Jump Start Day will be an opportunity for all incoming 6th grade students to become familiar with JMS. We will utilize Jump Start Day as a time for team building, allowing students to become familiar with their teachers, take a grade level picture, and learn about their school. Buses will be in operation for Jump Start Day. Bus routes are typically published in local papers one week prior to the start of school and can also be found online on the CPS homepage (www.cpsk12.org).

Our first regular school day, will be Thursday, August 15 lasting from 7:30 AM to 2:35 PM. Students will not need PE clothes the first week of school.

PTSA School-Wide Fundraiser

Schools often conduct fundraisers to support school curricular and extra-curricular activities. Our PTSA funds are used to support activities such as dances, ACE events, grade level field trips and many others. PTSA would like to raise money early in the year so funds will be available for important activities as they arise. If you would like to contribute, please write a check to JMS PTSA for the amount you would be willing to donate and bring it with you to Schedule Pick Up day or Back to School Night. Please indicate donation on the memo line and leave the check or cash at the PTSA table. If we average $25 per family, we can meet the needs of our students for the entire year. The ability to raise funds in this manner allows us to limit other fundraising requests.

Dress and Grooming

Extremes in personal appearance which may be health or safety hazards or detract from a desirable educational setting are inappropriate for school. School staff is responsible for ensuring that a student’s appearance does not distract from or interfere with the educational process. It is hoped
students will take pride in their appearance. Personal appearance which interferes or disrupts the educational process may be subject to disciplinary action.

Examples of inappropriate appearance include, but are not limited to:
- Blankets
- Hats, bandannas, caps, and hoods
- Shirts with inappropriate pictures or text, including the promotion of alcohol and drugs
- Large coats
- Chains
- Slippers
- Face painting
- Exposed undergarments

Students who are not in compliance with school guidelines for dress and grooming will be asked to correct the situation. Once they have done so, they may continue to attend class. Failure to comply in a reasonable manner will result in a disciplinary referral for insubordination. Students who consistently wear inappropriate clothing will be referred for insubordination.

Clubs and Activities

We want students to be involved in activities at JMS. Most activities are open to all students. Announcements will appear on the daily student bulletin informing students how to join the various clubs or try out for selective activities. A list of activities and a brief description is included in this mailing. We provide an activity bus for all students Monday-Thursday so they may participate in tutoring and other extracurricular activities. The bus picks up between 3:50-4:00 p.m.

2019-20 Grade Report Schedule

First Semester
Sept. 19 five week IPR
Oct. 22 nine week IPR
Nov. 19 thirteen week IPR
Jan. 9 Semester report cards distributed.
Second Semester
Feb. 6 five week IPR
Mar. 12 nine week IPR
April 16 thirteen week IPR
TBD end of semester
TBD Report card distribution

Guidance Information

Jefferson Middle School will kick off the 2019-2020 school year with Schedule Pickup Day on August 8th 3:30-7:30 p.m. Please plan to begin by entering through the north auditorium doors to
**Cyclone Athletics**

**Summer Camp Dates:** Forms found on our website under summer camps on our sports page.

**Football camp:** July 22 – July 26 from 9:00 – 11:00am – Still taking forms! 7th & 8th ONLY

**Volleyball Camp:** July 12 – July 15 from 9:00 – 11:00am – Still taking forms! 6-8 GRADE

**August 19 – Fall Sports Begin**
7th - 8th Grade Cross Country begin at JMS
John Clowe: jclowe@columbia.k12.mo.us
8th Grade Football begins at JMS Head Coach Thaddeus Hamilton thamilton@cpsk12.org
7th & 8th Grade Volleyball try outs begin at JMS Head Coach Jodi Rowe jrowe@cpsk12.org

**August 27**
Fall Sports Parent Meeting - for parents of 7th & 8th grade students who are participating in cheerleading, cross country, football, or volleyball. At least one parent or guardian needs to attend this informational meeting. This meeting will be held in the Media Center to start then break out into specific teams. **Meeting time will be 5:15.**
Coach Rowe: jrowe@cpsk12.org
Check the JMS website for further information.
The Athletic Department would like to extend an early welcome to incoming 6th, 7th and 8th grade students. We hope every student gets involved in an ECA activity or athletic team while at JMS. This year sixth grade students will have the opportunity to participate in after school intramurals which will occur in three sessions throughout the school year. More detailed information concerning intramurals will be handed out during their P. E. classes.

**Seventh grade students** will be able to try out for Cross Country, Football and Volleyball for girls in the fall, basketball in the fall/winter and track and field in the spring. Fall sports for eighth grade students include cross country, football and volleyball. These fall sports will begin on August 19 and end in mid-October. In addition, eighth grade students will have the opportunity to try out for basketball in the winter and participate in track and field in the spring. Start dates for these sports will be communicated via the JMS website, the Cyclone Watch and homeroom announcements.

All student athletes must have a current physical and proof of insurance to participate in CPS athletics. Physicals must be dated after February 1, 2019 and copies of these forms may be downloaded from the JMS website. Please make sure to complete all parts of the physical form and submit a copy to the main office.

**New rule change from MSHSAA – Athletes can now use a physical for 2 consecutive years. If a 7th grader participated in sports last year their physical will still be good for this year.**

Again, it is our goal to get all students involved in ECA activities and athletics at Jefferson Middle School. Research indicates a high correlation between student involvement in extracurricular activities and achievement levels, plus students tend to really enjoy coming to school the more they are involved. The Athletic Department of JMS looks forward to working with you and your student this upcoming year.

*Sincerely,*

-Jodi Rowe

JMS Athletic/Activities Director

**CYCLONE NATION!!!!**
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- **Poker Pod**
  - 7:00 PM
- **FCA**
  - 7:30 AM
- **Garden Club - RM A41**
  - 4:00 PM
- **Media Center - Clonee Book Club**
  - 2:15 PM
- **Garden Club - RM A41**
  - 4:45 PM
- **Garden Club - RM A41**
  - 2:00 PM
- **Back to School Night**
  - 6:15 PM
- **First Day of Classes**
  - 7:30 AM
- **6th Grade Jumpstart**
  - 7:30 AM
- **Schedule Pick-up**
  - 3:00-7:30 PM
DROP OFF AND PICK UP PROCEDURES

Jefferson Middle School has very limited parking space. Before and after school can get very congested due to bus loading and unloading. Following are a few suggestions designed to ease congestion and facilitate a smooth drop off and pick up. Please consider the following suggestions.

The bus lane is located on the south (Rogers Street) side of our building. Please refrain from stopping/parking in that area during morning drop off (7:00-7:30AM) and afternoon pickup (2:20-2:45PM).

Drop Off and Pick Up Procedures:

Parents dropping off or picking up children should go around the west end of the building and turn right heading east on Hickman Avenue. Students may be dropped off starting at 7:05AM on the north side of the building. The four-door entrance by the media center will be accessible at 7:10AM for all students. Students may be picked up at the same location at 2:35PM. Once your child has been dropped off or picked up, you may travel north past Hickman High School to exit the area and avoid bus loading and unloading zones on Rogers Street.

As all buses will be loading and unloading on Rogers Street, parents should avoid this area before and after school. Buses should be unloaded by 7:25AM in the morning and loaded by 2:45PM in the afternoon. After that time, parents picking up or dropping off on Rogers Street should pull to the side of the road out of the lane of traffic to pick up or drop off a child. Students should utilize the cross walk to ensure their safety in crossing the road. Please DO NOT stop at the cross walk, in the lane of traffic, and allow your student to exit or enter your vehicle. It is unsafe for your child and stops the flow of traffic.

Parking:

In the event you have business that you need to conduct at JMS, the 30 minute parent parking lot is accessible on the south side of the building off of Rogers Street. Again, I would encourage parents to wait to access this parking area until buses are finished loading or unloading. As Rogers Street does not have available street parking during the day, this is the best location for parking for school business.

We appreciate your assistance in making the dropping off and picking up of our students a safe process. Your cooperation in this matter is greatly appreciated.

Dr. Greg Caine, Sr.
Principal
Jefferson Middle School
# 2019-2020 School Year Calendar

First Day of Classes: August 15
First Day of Kindergarten: August 19
Last Day of Classes: May 27
First Day of Summer School 2020: June 2
Last Day of Summer School 2020: June 26

Approved by Board of Education 03/11/19

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### Dates School NOT In Session

- **Legal Holidays**: November 28, December 25, February 17, July 3
- **Labor Day**: September 2
- **Thanksgiving Vacation**: November 27 - 29
- **Winter Recess**: December 23 – January 2
- **Martin Luther King’s Birthday**: January 20
- **Presidents’ Day**: February 17
- **Spring Recess**: March 23 – March 27
- **Memorial Day**: May 25

*April 22nd is a tentative flex early release day. By March 1st, the District will announce whether there will be an early release or a full school day, depending upon inclement weather days. If these days are adjusted, snow days are built into the calendar (May 20 - May 27) in addition to the flex days. If the district uses fewer than 36 hours of inclement weather during the year, the unused days will be removed from the end of the school year.*

### Key

- **Shaded Calendar Date**: Built-in Snow Day on Calendar
- **Red Circle**: Classes Dismissed 1/2 Hours Before Normal Dismissal Times for Staff Planning and PD
- **Shaded Graduation Date**: DHSS...5/22...AM
- **Black Circle**: Closing Date for Graduation
- **Brown Circle**: Opening Day of School
- **Orange Circle**: Closing Day of School
- **Green Circle**: Jump Start Day (Grades 6 & 9)
- **Yellow Circle**: First Day for Kindergarten
- **Light Blue Circle**: School Not in Session
- **Dark Blue Circle**: Teacher Paid Holiday-school Not in Session
- **Light Brown Circle**: Teacher Work Day - School Not in Session

*November 15 and February 28 are Parent/Teacher Conference Days in Elementary and Middle Schools.*
JEFFERSON MIDDLE SCHOOL
BELL SCHEDULE
2019-2020

First Hour: 7:30AM – 8:16AM
Second Hour: 8:20AM – 9:06AM
Third Hour: 9:11AM – 9:57AM
Fourth Hour: 10:02AM – 10:48AM

6th Grade:
A – Lunch: 10:48AM – 11:13AM
5 – B Hour: 11:18AM – 12:04PM
6 – C Hour: 12:09PM – 12:55PM

7th Grade:
A – 5 Hour: 10:53AM – 11:39AM
B – Lunch: 11:39AM – 12:04PM (7th Grade Only)
6 – C Hour: 12:09PM – 12:55PM

8th Grade:
A – 5 Hour: 10:53AM – 11:39AM
B – 6 Hour: 11:44AM – 12:30PM
C – Lunch: 12:30PM – 12:55PM (8th Grade Only)

Seventh Hour: 12:59PM – 1:45PM
Eighth Hour: 1:49PM – 2:35PM
**Health Class:** Spill proof notebook & folder with pockets/pouches, T-shirt, shorts (elastic waist, mid-length), deodorant, tennis shoes that fit the socks, underwear/sweater/top (for colder weather), hair ties for long hair

**7th Grade will purchase text books in the fall.

*Classroom Supply List:

1. Binder with pockets/pouches
2. Composition notebook
3. Sharpened pencil
4. Sharpened pencils (minimum)
5. Pencils

**7th Grade Guest Student List

1. Composition notebook
2. Pencils (extra)
3. Loose leaf paper (extra packages)
4. Candy
5. A box of snacks (snack-size bags)

**Spanish/French Class:

1. Binder, diaries, special notebook, one dry erase marker

**7th Grade Supply List

1. Backpack (extra)
2. Pencils
3. Loose leaf paper (extra packages)
4. Sharpener
5. Mechanical pencils

**Health Class:

1. Binder with pockets/pouches
2. Composition notebook
3. Sharpened pencil
4. Sharpened pencils (minimum)
5. Pencils

**English Class:

1. Non-spiral composition notebook
2. English - folders with pockets/pouches & loose leaf paper (extra packages)
3. Math - folders
4. Social Studies - binder
5. Science - binder

**7th Grade Supply List

1. Package of dividers for binders
2. Box of tissues
3. Pencils
4. Mechanical pencils
5. Loose leaf paper (extra packages)
Textbook Checkout Procedures and Policies

Textbook checkout

- Textbooks will be checked out through the media specialist
- Students should IMMEDIATELY write their names and their teacher's names in their books upon receiving.

Textbook check in

- The final due date for textbooks is set by the district. Students will be notified of upcoming due dates via the student bulletin, through their teacher or their student email accounts.
- If students need the books past the due date, the teacher will notify the library media specialist with an expected return date.
- Textbooks may only be checked in to the media center unless previous arrangements have been made with the teacher.

Mid-Year Arrivals and Departures

- Students arriving mid-year will check required texts through the media center and should IMMEDIATELY place their name and the teacher's name in these books.
- Students leaving mid-year will check-in all textbooks to the media center.

Policies

The Library Media Specialist is responsible for:

- Checking books in and out
- Notifying students of overdue books

Teachers are responsible for:

- Arranging check-out and check-in times in the media center
- Informing students of their responsibilities with book usage
- Securely storing books that are not currently checked out

Students are responsible for:

- Keeping track of their books
- Writing their name and teacher's name in their books
- Turning in books AS INSTRUCTED
- Checking school email for overdue notices/reading print notices/reading school bulletin for notices
- Talking to Library Media Specialist in a timely manner about lost/stolen books
- Paying all fines for lost or damaged books

Students may lose privileges at the end of the school year for books not turned in on time and fines left unpaid. The student has sole responsibility for the textbooks they are assigned and are financially responsible for damaged or lost textbooks. Fines will be specific to the book lost ranging to as high as $90.

Students are discouraged from sharing their lockers with any other students. Locker combinations should be kept confidential as well. Failure to comply with these considerations increases the risk of lost or stolen textbooks to which the student is held responsible.
Jefferson Middle School
Parent Tip Sheet
2019-2020

Classroom Grades and Classroom Discipline
If you have a question about your child’s grades or classroom behavior in a class, the first person you should contact is the classroom teacher. The best time to contact a teacher is during their planning period. To find a teacher’s planning time, consult the JMS Staff Directory located on our website or call the main office at 214-3210. Teachers will also be providing your child with additional contact information on the first day of school.

School/Calendar Access
Each teacher or team at JMS has a Schoology page you may access. Each teacher will provide information to your student on how to access the online system. On Schoology, you will be able to access several pieces of information regarding your child’s class such as assignments, calendar relevant information, unit information, and dates of upcoming assessments. On Home Access, you may access information about your child’s grade for each individual class. If you need assistance in accessing Home Access, we will have information and assistance available at Schedule Pick-Up Night. Schedule Pick-Up is scheduled for August 8 from 3:30-7:30p.m. For additional questions regarding Home Access please contact our guidance office at 214-3212.

Overall Student Performance
If you are concerned about your student's overall performance in academics, behaviors, or social skills, please contact your student’s guidance counselor at 214-3212. Barb Moore has students with last names starting A-K and Mike Hogan has students with last names starting L-Z. Ann Baker is our Outreach Counselor.

Deliveries and Gifts
We ask that parents refrain from having deliveries made at school for holidays, birthdays, etc. We don’t have the space or staffing to manage these types of deliveries. If you choose to bring your child lunch, please check the appropriate time during the day for your child’s lunch shift. Office staff will not facilitate these types of deliveries. Students are not allowed to order food deliveries at school (i.e. pizza, etc.). We appreciate your support of this policy.

Nurse
Middle School students can carry a one-day supply of over the counter medications like Tylenol, Ibuprofen, cough drops, allergy medication. They must be in a manufacturer’s labeled container. The nurse is not allowed to give your student any medication without a written prescription from your health care provider. Please see the nurse to complete the paperwork to allow your student to self-carry their asthma inhaler.

Keep your student home if they are ill. Temperatures greater than 100 degrees, vomiting, diarrhea, unexplained rash, persistent cough, or discomfort due to injury are reasons to keep your student at home. Remember, there is no elevator in the original portion of our school. If your student requires crutches, please have them see the nurse for instructions on safely using the stairs.

Any schedule Two medications must be given by the school nurse. A parent or guardian must come to the health room and bring the medication to the nurse. These include ADHD medications or any controlled substance. They must be in the pharmacy labeled bottle.

The state of Missouri requires all incoming 8th grade students to receive BOTH a Tdap (tetanus booster shot) and a Meningitis vaccine. They will not be allowed to pick up their schedule at back to school night if you do not provide written proof that these vaccines have been given. Consult your health care provider regarding these vaccines. They can be given after age 10 to your student.

PLEASE notify the school if your contact phone number changes. When your student is sick, it is very important that we can reach you quickly. Check out News from the Nurse on our Jefferson Middle School website under the family resources tab. New information is added throughout the year. Please call or email me with any questions.

Betty Cramer, RN, BSN ECramer@cpsk12.org 573-214-3213
Attendance
If you need to report an absence to the office, call the JMS Attendance Secretary, Jennifer Weston, at 214-3214. If a student is missing a lot of school or you are struggling with attendance related issues, please contact our Home School Communicator, Michael Onwulata. Mr. Onwulata will contact parents to make sure attendance and tardy requirements are being met as needed. Letters are sent home after the 7th parent excused and the 12th absence each semester. Students with excessive tardies will receive consequences. After the 12th day absent, students receiving attendance letters may be referred to the Juvenile Office for possible follow-up visits as needed.

Requesting Homework
Parents may contact the main office before 8:00 a.m. on the third day of a student’s absence to request homework. Students should inform their teacher of expected absences ahead of time to obtain work prior to the absence. Each teacher will have additional methods through which you may access homework and class information which they will share with students on the first day of school.

Upcoming School Events
The best sources for information on upcoming school events are the school newsletter (Cyclone Watch) and the JMS website. The newsletter is issued monthly through email. It is important to regularly update your personal information, including email, to foster regular communication. The school website is www.cpsk12.org/jms. The JMS website features monthly activity calendars, the daily school bulletin, the student handbook, the Cyclone Watch, and information about the different departments at Jefferson Middle School. You may also follow us on twitter at, twitter.com/jmseyclones and @caine_JMS.

Discipline Referrals to the Office
Dr. Greg Caine, Sr. is the Principal and Mrs. Kerri Graham is the Assistant Principal at JMS. Dr. Caine will handle 6th grade discipline and Mrs. Graham will handle 7th and 8th grade discipline. We will make every effort to contact parents if a student is being assigned a consequence for behavioral reasons. We do not necessarily call parents every time we visit with a student. It is important that as your personal contact information changes that it be updated so contacts with parents are possible. If you have questions regarding student referrals to the office, please call us at 214-3210.

Before, After School, & Lunch Detentions
Students may earn detention time after school or during lunch for poor behavior or excessive tardies to class. If a teacher assigns a detention, the teacher will inform the student directly and indicate the location in which to serve the detention. Students’ assigned detentions by the office must report to the office before or after school. If a lunch detention is assigned, students will be informed of where to report.

Special Services
If you have a question about special education, you may contact our Director of Special Education, Amanda Farris at 214-3216.

Athletics
If you have any questions regarding athletics at Jefferson Middle School, you may contact our Athletic Director Jodi Rowe at 214-3210.

Safety Concerns
If you have a concern about your child’s safety, you may contact Dr. Caine or Mrs. Graham at 214-3210.
# JMS Extracurricular Activities 2019-20

*Listen to announcements in the daily bulletin for when and where these clubs are meeting*

<table>
<thead>
<tr>
<th>Art Studio</th>
<th>Garden Club</th>
<th>Math Counts</th>
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</thead>
<tbody>
<tr>
<td><strong>For students</strong> who are interested in the visual arts and enjoy developing their creativity. We will work on a variety of art projects throughout the year including projects for the school, our community, areas of personal interest, and art medium exploration.</td>
<td><strong>Garden Club</strong> will meet on Thursdays, August - October and in the spring, March - May. We will learn the basics of gardening and growing food, preparing nutritious snacks, and make some eco-crafts all while learning to take care of our earth.</td>
<td><strong>For students</strong> who are interested in competitive mathematics. Students will enhance their math skills in a fun and interactive manner as they compete against other teams. Meets once a week September through March.</td>
</tr>
<tr>
<td><strong>Sponsor:</strong> Mrs. Alexander</td>
<td><strong>Sponsor:</strong> Nurse Betty</td>
<td><strong>Sponsor:</strong> Mrs. Gladura</td>
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<tr>
<th>Creative Writing Club</th>
<th>Builder's Club</th>
<th>T- NADO</th>
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<tr>
<td><strong>For students</strong> who like to write and create stories. This will focus on how to write and encourage your own creativity!! We will write and read our own stories, offer suggestions and create final products.</td>
<td><strong>Builder’s Club</strong> is a student service organization. We are a part of the local Boonslick Kiwanis. We do service projects for both JMS and the community.</td>
<td><strong>(The Non-Alcohol and Drug Organization)</strong></td>
</tr>
<tr>
<td><strong>Sponsor:</strong> Mr. Hanselman</td>
<td><strong>Sponsor:</strong> Mrs. Kiley</td>
<td><strong>For all students</strong> that want to make new friends that are making healthy choices, do fun things in the community together and take part in community service activities.</td>
</tr>
</tbody>
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<thead>
<tr>
<th>J-Mac Scholars</th>
<th>JMS Zombie Defense League</th>
<th>&quot;The Light&quot; Bible Club</th>
</tr>
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<tbody>
<tr>
<td>JMAC (Jefferson Multicultural Achievement Committee) provides students with the necessary skills and support to achieve success academically, emotionally, and socially. The club encourages students to maintain a strong GPA. Students will participate in activities that build character. JMAC’s goal is to ensure college and career readiness for students.</td>
<td><strong>This club is for any student who is interested in having fun after school playing human versus zombie board games, Nerf wars and even watching Zombie movies. The club will meet monthly on the 4th Friday of each month.</strong></td>
<td><strong>For students</strong> who enjoy reading &amp; discussing the Bible. Come and enjoy games, activities, discussions, and devotions led by fellow students. Our first meeting will be September 4. We will meet in Room 133 from 2:45 to 3:45 monthly. See the JMS Activity Calendar for specific dates.</td>
</tr>
<tr>
<td><strong>Sponsor:</strong> Mr. Onwulata</td>
<td><strong>NOTE:</strong> Parent permission will be required for participation in this club. Also, note as there is no activity bus on Fridays, students will need to get home on their own after club meetings.</td>
<td><strong>Sponsor:</strong> Mrs. Sutherland</td>
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<tr>
<th>The Potter Pod</th>
<th>SAGA</th>
<th>Science Olympiad</th>
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<tbody>
<tr>
<td>Inviting all Gryffindors, Hufflepuffs, Ravenclaws, and even Slytherins. If you are a Harry Potter fanatic (you know who you are), join us and participate in Harry Potter themed science, technology and art activities. We may even play a game of Quidditch!</td>
<td>SAGA: Sexuality and Gender Acceptance. It is a student led organization that is intended to provide a safe place and a supportive environment for all while participating in community, education and fun activities.</td>
<td><strong>For students</strong> who enjoy competing in fun and exciting events that test their skills and abilities in the field of science. We work as a team against other schools at regional competition.</td>
</tr>
<tr>
<td><strong>Sponsor:</strong> Mrs. Szydlowski &amp; Ms. Huggins</td>
<td><strong>Sponsors:</strong> Ms. Shadwell, Mrs. Baker, and Mrs. Edmonson</td>
<td><strong>Sponsor:</strong> Mrs. Shikles, Mrs. Duncan, and Mrs. Szydlowski</td>
</tr>
<tr>
<td>Voices of Jeff</td>
<td>Strategic Gaming Club</td>
<td>Desire to Aspire</td>
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<tr>
<td>Voices of Jeff is a year-long extracurricular choir open to students in 6th Grade. There is no audition necessary. Rehearsals are on Mondays after school in the choir room and will start on September 9, 2019. We will perform four times during the school: Fall Into Reading at Barnes &amp; Noble (Nov 19); the Festival of Trees event at the Plaza Event Center (Dec 7); the Battle High School Music Festival (Mar 9); and the Spring Choir Concert (May 11).</td>
<td>Students will play tabletop and card games focusing on strategy, skill, and cooperation, along with critical thinking, predictability and probability. The Strategic Gaming Club will be a fun and interactive way to build confidence, social skills, and sportsmanship. Students will compete with classic games such as Chess and Stratego, as well as trendy, award winning games like Settlers of Catan, Magic the Gathering, and Dragonwood. A variety of games will be available each meeting.</td>
<td>Desire to Aspire is a mentoring program where girls participate in activities that promote higher education. They do this by teaching goal setting for the future, personal responsibility, and tips for improving self-esteem in hopes of reducing the chance of engagement in risky behaviors. All of the mentors are women from the University of Missouri who are very excited to be working with our Jeff girls! This program meets weekly, all year long.</td>
</tr>
<tr>
<td><strong>Sponsor: Mrs. Nichols</strong></td>
<td><strong>Club Sponsors:</strong> Ms. Shadwell &amp; Mr. Dwyer</td>
<td><strong>Sponsors: Mrs. Baker</strong></td>
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<thead>
<tr>
<th>Cyclone Book Club</th>
<th>Cyclone Hosts</th>
<th>FCA (Fellowship of Christian Athletes)</th>
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<tbody>
<tr>
<td><em>For students</em> who want to read and discuss books picked by the group.</td>
<td><em>For students</em> who want to help new students find their way around JMS and feel more at home.</td>
<td><em>For students</em> who are interested in early morning devotions; focuses on athletics but NOT a requirement. FCA meets every other Thursday morning.</td>
</tr>
<tr>
<td><strong>Sponsor: Mrs. Kiley</strong></td>
<td><strong>Sponsor: Mr. Hogan</strong></td>
<td><strong>Sponsor: Ms. Barfield &amp; Mr. Schroeder</strong></td>
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<tr>
<th>Yearbook Club</th>
<th>Ping Pong Club</th>
<th>Gaming Club:</th>
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<tr>
<td><em>For students</em> interested in designing and producing the school yearbook. Students will develop yearbook pages, take pictures, and develop themes.</td>
<td>All are welcome to participate in this new club. Students will learn to play, improve their skills, and compete in ping pong games. We hope to develop this club into a competitive sport.</td>
<td><em>For students</em> interested in playing, competing, and learning about education and careers in gaming. Will meet twice a month from 2:45-3:45PM. Sponsors: Mr. Hanselman and Mr. Hogan.</td>
</tr>
<tr>
<td><strong>Sponsor: Lisa Gioimo</strong></td>
<td><strong>Sponsor: Mr. Dwyer and Mrs. Thrift</strong></td>
<td><strong>Sponsor: Mr. Hanselman and Mr. Hogan</strong></td>
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<tr>
<th>Red Storm</th>
<th>Recyclone Crafting Club</th>
<th>Athletics and Intramurals</th>
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</table>
| Red Storm is a student pep group that cheers on all the JMS sporting teams! Red storm meets the first Wednesday of the month. At the meeting the cheerleaders will teach you cheers so you can cheer our teams to victory at JMS sporting events. We also help decorate the school to show our Cyclone Spirit. Go Cyclones! | Recyclone Crafting Club members will create crafts and gifts by upcycling items. Students will be encouraged to contribute easily obtainable materials. Club will meet until 4:45; students who need to ride the activity bus will leave at 3:45. Several club meetings will be devoted to open-lab makerspace sessions for students to independently design projects of their own innovation. | *8th Grade Football, Volleyball, Basketball, Track, Cheerleading, and Cross Country*  
*7th Grade Volleyball, Basketball, Track, Cheerleading, and Cross Country*  
*6th Grade Intramurals & Volleyball Preseason* |
| **Sponsors: Coach Rowe and the Athletic Department** | **Sponsor: Mrs. Watts, Ms. Kesphol, and Ms. McKenzie** | **Sponsor: Coach Rowe and the Athletic Department** |
### JMS FIRST LEGO League robotics team

Grades 6 – 8. Students design build and program an autonomous LEGO EV3 robot to complete challenge missions on a themed game board. Teams also work on a research project and prepare presentations for judging. The team will compete in the Columbia FLL tournament in November.

**Sponsor/coach:** Ms. McKenzie

### JMS FIRST Tech Challenge robotics team

Grades 7-8. MU Engineering student mentors work closely with this team to design, build and program a large, autonomous/rc robot that navigates a competition field to perform tasks such as moving blocks and retrieving objects. Students document their work in an engineering notebook and present their work to a panel of judges. The team will compete at a tournament in St. Louis in Dec. or Jan.

**Sponsor/coach:** Ms. McKenzie

### Drama Club

For students interested in theater, this club meets several times each semester to explore drama through intermediate acting exercises, basic scene development techniques, simple makeup application, and socialization with others interested in performing arts during the activity club hour. Many students in this club often earn parts in our annual 2nd Semester play as part of JMS’s audition-based troupe, *Rogers Street Players*. This production requires after school rehearsals, set design, technical work, and stage crew responsibilities, as well. [Note: Our 1st Semester Play is typically reserved for students enrolled in our advanced acting class as part of their course work where rehearsal is built into the class time. However, these students are also encouraged to attend our after-school drama club for additional performance workshops.]

**Sponsor:** Ms. Edmondson

### Adventures in Science/Float Your Boat Team

**First Semester:** Adventures in Science! Join us as we hike some beautiful trails in the Columbia area and work with Columbia Water and Light to learn the science behind some everyday events. Look for flyers and announcements and sign up for events with your science teacher.

**Second Semester:** Float Your Boat! Join the Float Your Boat team as they design, build, and race a boat made entirely of cardboard and duct tape. Artists, designers, engineers, builders, adventures, and supporters are all needed. Competition is in April at Bass Pro Shop lake. Not cost to students, but registration benefits the Food Bank. Team meets twice a month on Mondays starting in January. Look for flyers and announcements in December!

**Sponsors:** Mrs. Szydlowski, Mrs. Schmidt, Ms. Fuchs, & Mr. Barnes

### STUDENT COUNCIL (STUCO):

This club is for any student who wants to help make JMS the best middle school in Columbia! Our first meeting will be Tuesday, August 27. We meet on the 2nd and 4th Tuesdays of each month to plan whole school events like all school parties and spirit weeks and to discuss student ideas, issues or concerns. We also plan community and service events to help people in our local community including toy and book drives and canned food drives. We also have member only events like ice skating, movie lock-in and ice cream socials.

So, if you want to help JMS be better and want your voice to be heard, STUCO is for you! Elections for STUCO officers will be held in all grades in September, but all students can be part of STUCO - you do not have to be a STUCO grade level representative to care about your school, your friends, and your local community. Be part of STUCO to make your voice is heard and to make our school the best it can be!

**SPONSORS:** Mrs. Sutherland & Mr. Dwyer
Breakfast/Lunch Program Information and Meal Purchasing Procedures
2019-2020

Welcome to the Columbia Public Schools’ (CPS) cafeterias! This document is meant to assist our families with understanding how the school district’s food service works. Nutrition Services has a computerized cashing system at all schools. All students enrolled in CPS are automatically assigned access to a student debit account to purchase and to pay for lunch, breakfast, dinner at 3 high schools, and/or à la carte items. Money may be deposited into a student’s account so that it is available each time a student eats and allows the student to move through the lines quickly. Students may choose to pay cash daily to our cashiers, however, students bringing cash to school is discouraged due to potential loss. Columbia Public Schools will not be responsible for any deposits or lost funds not given directly to the Nutrition Services Department whether cash or check. As a convenience, parents/guardians may view student purchases and deposit money online.

Parental/Guardian account access to child(ren) meal information:
- Parents/guardians may review and/or pay for student purchases via MySchoolBucks at www.MySchoolBucks.com
- Parents/guardians may also fill out a free and reduced-price meal application to receive free or reduced priced meals for their student at: http://www.cpsk12.org/nutrition. Free and reduced-price meal applications are accepted all year long.
- Parents/guardians may pay for student meals in the school cafeteria, but only to Nutrition Services personnel and;
- Lastly, payments and account review can be made in the Nutrition Services office at 1818 W. Worley Street, Columbia, MO 65203

All students use their assigned personal identification number to access their meal account. This identification number will be typed into a keypad by the student at the cashier stand after obtaining a meal. Kindergarten students are encouraged to practice using their individual student identification number to move through the lunch lines efficiently.

All complete component meals are federally subsidized and therefore monitored for a minimum number of components on a student’s tray by the cashier. The following is a list of components:
- For lunch (5 components offered) and breakfast (4 items offered covering 3 components) students must select 3 components/items but may all have 4 for breakfast and 5 for lunch. A mandatory component is either a choice between a fruit or a vegetable. Without one, a student will not pass inspection for completeness and may be charged higher a la carte prices per item or sent back to obtain a missing component.

These posters are found in all cafeterias to assist students with selections.

This institution is an equal opportunity provider.
Free, Reduced-Price and Full-Price Meals
Annually all households by regulation will receive a free and reduced-price application to the address or e-mail listed on file in our Student Information System (SIS). Applications for meal benefits must be submitted every year to maintain meal benefits from July 1 through June 30. Income guidelines change every July 1st. Eligibility begins as of the date parents place on the application or within 60 days of a federal claim if date is beyond 2 months. Applications are accepted all year long.

All students without free meal benefits selecting a meal without money in their account will have the full-price or reduced-price meal charge added to their account. Households are responsible for all student charges incurred prior to free meal benefit approval.

All households who apply for benefits will be notified by mail whether approved or denied. If a student in your home is missing from the meal benefit notification, contact Nutrition Services immediately to have that student student added to the application to avoid unnecessary meal charges. All accumulated charges are the responsibility of the parent/guardian of the student. Columbia Public Schools reserves the right to pursue payment of unpaid charges with a third-party collection agency. Please see the new Student Charges and Delinquent Meal Accounts section for details.

2019-2020 Meal Prices
Breakfast for Grades Pre-Kindergarten through 12th grade
All students are welcome to eat breakfast every morning.
Price:
- Full-price breakfast $1.85
- Reduced-price breakfast $0.30
- Adult breakfast $2.25

Elementary Lunch Grades Pre-Kindergarten through 5th grade
Price:
- Full-price lunch $2.80
- Reduced-price lunch $0.40

Middle School and High School Lunch Grades 6-12
Price:
- Full price lunch $3.00
- Reduced-price lunch $0.40
- Adult lunch $3.75

Popular a la carte items (additional price listing can be found online at www.cpsk12.org/nutrition)
Extra 8 oz milk or milk only $0.50 (no meal)
Juice 4 oz. $0.40
Juice 8 oz. $0.60
Juice 10 oz. $1.50
4 oz ice cream $0.75
16.9 oz water $0.75

Parents are always welcome to eat meals with their children.

Student Charges and Delinquent Meal Accounts
Elementary (grades K-5) Charge Procedures
A complete lunch must consist of at least 3 of the 5 components offered: Whole Grains, Meat/Protein Substitute, Fruit, Vegetable, and Milk. A complete breakfast consists of 3 components offered: Grain or

This institution is an equal opportunity provider.
Protein item (2 offered daily), fruit/vegetable, and milk. All students are required to take a fruit or vegetable at both lunch and breakfast or will be charged a la carte prices. A la carte purchases are strictly prohibited if a student does not have money in his or her account or if the account balance is negative, regardless of cash in hand. Milk or juice-only purchases are considered a la carte purchase. Nutrition Services will provide low funds letters for teachers to send home with students grades K-5 on a weekly basis when a student reaches a positive $7.00. Courtesy automated phone calls will also go out to all households with any negative meal account balances.

Students going through the meal line to obtain a complete meal will not be denied a meal for any reason. The only exception to this rule pertains to seniors in the month of May who have delinquent meal accounts. Seniors will be denied meals the last 2 weeks of school and diploma will be withheld if meal account is delinquent at graduation.

Important Information: Students will only be allowed to charge a maximum of 5 lunches and breakfasts combined before an additional automated message is generated to all households with a deficit account of negative $25.00. Accounts with any deficit are considered delinquent. Immediate payment in full is required to avoid further action.

All delinquent accounts exceeding a negative $50.00 will be turned over to a third-party debt recovery service and is considered bad debt. Once delinquent debt is turned over to a debt recovery service, interest fees and court fees associated with law suits may be charged if bad debt is not resolved in a timely manner. Columbia Public Schools has chosen a debt recovery service that is sensitive to our families’ needs and will set up a payment plan if needed.

Once a delinquent account is turned over to a 3rd party collection service, payments must be directed to the 3rd party service to avoid account confusion. Any payments made to Columbia Public Schools after being turned over to the 3rd party collection service will be added to the student’s account for future purchases and will not be applied to outstanding bad debt without explicit instructions with payment to do so.

All communications sent home are sent using the student information on file with the District. Please keep all student contact information up to date to receive important information. Failure to receive these notices does not negate parental/guardian responsibility for negative meal balances.

Meal Account Refunds:
Refunds of $10 are only issued in person in the Nutrition Services office at 1818 West Worley Street, Columbia. Amounts over $10.00 must be requested and will be mailed to the address on file for the parent/guardian. Refunds may take up to 4 weeks to process. Families who plan to leave the District at years end are encouraged to make plans for refunds that may include the address of their new residence or make an early request. Overseas payments will take significantly longer to receive.

Food Allergies
If your child has a food allergy that requires a food substitution in the cafeteria, a physician’s order is required that includes foods to be eliminated and a list of acceptable substitutions. The student’s physician must fill out and sign the Medical Statement for Students to Request Special Meals form found on the CPS Nutrition Services’ website www.cpsk12.org/nutrition or call 573-214-3480 to have a copy mailed or faxed to a physician. Due to large numbers of students, Nutrition Services cashiers will be unable to monitor for student religious or lifestyle preferences that are not physician ordered.

This institution is an equal opportunity provider.
However, updated menus and ingredient information can be found on the Nutrition Services’ website to assist families with meal selections daily.

All foods sold to students during the school day are under the scrutiny of USDA’s National School Lunch Program Regulations which were created to promote high standards for all foods available to children. Columbia Public Schools strictly adheres to research-based nutrition regulations geared toward targeting nutrients deficient and excesses in the U.S. American diet.

For more information regarding school meals, please contact the Nutrition Services office at (573) 214-3480, lunch@cpsk12.org or log on to the Nutrition Services’ website: www.cpsk12.org/nutrition.
2019-2020 FREE & REDUCED-PRICE SCHOOL MEAL APPLICATION

SCHOOL MEALS FAQ
Children need healthy meals to learn. Columbia Public Schools’ Nutrition Services offers healthy meals every school day. Your children may qualify for free meals or for reduced price meals. Enclosed is an application for free or reduced-price meal benefits, and a set of detailed instructions. Below are some frequently asked questions (FAQ) and answers to help you with the application process and with general information. For any questions about meal services, contact Nutrition Services or visit our website.

1. WHO CAN GET FREE OR REDUCED-PRICE MEALS?
   - All children in households receiving the following benefits are eligible for free meals:
     - Food Stamp Program/Supplemental Nutrition Assistance Program (SNAP)
     - Food Distribution Program on Indian Reservations (FDPIR)
     - Temporary Assistance for Needy Families (TANF)
     - Foster children: children who are the legal responsibility of a foster care agency.
     - Children participating in a Head Start program
     - Homeless, runaway, or migrant children
   - Your children may qualify for free or reduced-price meals if your household income falls at or below the limits on the chart below:

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Annually</th>
<th>Monthly</th>
<th>Weekly</th>
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<tbody>
<tr>
<td>1</td>
<td>$23,107</td>
<td>$1,926</td>
<td>$445</td>
</tr>
<tr>
<td>2</td>
<td>31,284</td>
<td>2,607</td>
<td>602</td>
</tr>
<tr>
<td>3</td>
<td>39,461</td>
<td>3,289</td>
<td>759</td>
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<tr>
<td>4</td>
<td>47,638</td>
<td>3,970</td>
<td>917</td>
</tr>
<tr>
<td>5</td>
<td>55,815</td>
<td>4,652</td>
<td>1,074</td>
</tr>
<tr>
<td>6</td>
<td>63,992</td>
<td>5,333</td>
<td>1,231</td>
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<tr>
<td>7</td>
<td>72,169</td>
<td>6,015</td>
<td>1,388</td>
</tr>
<tr>
<td>8</td>
<td>80,346</td>
<td>6,696</td>
<td>1,546</td>
</tr>
<tr>
<td>For each add’l person add</td>
<td>+ 8,177</td>
<td>+ 682</td>
<td>+ 158</td>
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</table>

2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If your child fits these criteria, contact the district’s Student Services at 573-214-3438.

3. DOES EACH CHILD NEED TO HAVE THEIR OWN APPLICATION? No. Use one Free and Reduced-Price School Meals Application for all students in your household each year. We cannot approve an incomplete application. Return the completed application to: Columbia Public Schools, Nutrition Services’ address above or your child’s school cafeteria.

4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact Nutrition Services immediately. The school year starts on July 1st and ends June 30th of each year. Eligibility must be renewed annually.

5. CAN I APPLY ONLINE? Yes! The process is quicker and have the same requirements. Visit http://www.cpsk12.org/nutrition to begin or to learn more about the online application process. Contact Nutrition Services if you need assistance.

6. MY CHILD’S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child’s application is only good for one school year. You must send in a new application unless you have been notified by Nutrition Services that your child has been directly certified for the current year (the school year runs from July 1-June 30).

7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Maybe. Children in households participating in WIC may be eligible for free or reduced-price meals. Please send in an application.

8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. Additional written proof of the household income reported on the application may be requested. It is not necessary during the application process unless requested.
9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit mid school year.

10. WHAT IF I DISAGREE WITH THE SCHOOL’S DECISION ABOUT MY APPLICATION? A hearing may be requested by contacting Randall Gooch, Chief Operations Officer at 573-214-3400, or in writing at 1818 W. Worley Street, Columbia, MO 65203.

11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.

12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive the month prior to application. If you have lost a job or had your hours or wages reduced, use your most current income and/or update your application if income decreases later.

13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application or may not receive income at all. Please write a “0” in the field for each household member not receiving income. Please be careful when leaving income fields blank, as we will assume you meant to do so.

14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, or receive Family Subsistence Supplemental Allowance payments, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.

15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper and attach it to your application.

16. WHAT IF MY CHILD'S SCHOOL IS AN ALL FREE MEAL SCHOOL, DO I FILL OUT AN APPLICATION? Yes. Not all schools offer all free meals. If your child leaves one school, another school may not be under the same provision. Having an approved application on file may prevent households from accumulating unnecessary meal charges.

17. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for the Food Stamp Program/SNAP or other assistance benefits, contact your local assistance office or call 1-855-373-4636.

18. HOW DO I PAY FOR MY CHILD'S SCHOOL MEALS? All schools use a computerized cashier system. Each student is automatically assigned a meal account. To access this account, all students enter their student ID on a key pad at the cash register for all food purchases in the cafeteria. This account rolls information from year to year and follows your child in the Columbia Public School district only. There are 3 ways to pay on this account:
   - In the school cafeteria to school lunch personnel only
   - Online via www.myschoolbucks.com (can also track student purchases with this system)
   - In the Nutrition Services office at 1818 W. Worley St., Columbia, MO 65203

19. WHAT IF MY CHILD DOES NOT HAVE MONEY IN THEIR MEAL ACCOUNT? Students will still be able to select a complete USDA certified meal but will not be allowed to purchase any additional items such as milk only or a snack. The account will be charged in deficit. Households with account deficits will be contacted and asked to bring the deficit back to a zero or a positive balance. Please review the district’s 2019-2020 Breakfast/Lunch Program Information and Meal Purchasing Procedures concerning accounts in negative standing on the Nutrition Services website or call to inquire.

For more information visit our website at [www.cpsk12.org/nutrition](http://www.cpsk12.org/nutrition) and have a great school year!

USDA Non-discrimination Statement:
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint_filing_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA by: (1) MAIL: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) FAX: (202) 690-7442; or (3) EMAIL: program.intake@usda.gov.
HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS

Please use these instructions to help you fill out the application for free or reduced-price school meals. You only need to submit one application per household, even if your children attend more than one school in Columbia Public Schools. The application must be filled out completely to certify your children for free or reduced-price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on your application. If at any time you are not sure what to do next, please contact the Nutrition Services office at 573-214-3480 or lunch@cpsk12.org.

PLEAS USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP 1: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN, AND STUDENTS UP TO AND INCLUDING GRADE 12

Tell us how many infants, children, and school students live in your household. They do NOT have to be related to you to be a part of your household.

Who should I list here? When filling out this section, please include ALL members in your household who are:
- Children age 18 or under AND are supported with the household’s income
- In your care under a foster arrangement, or qualify as homeless, migrant, or runaway youth
- Students attending Columbia Public Schools regardless of age

List each child’s name. Print each child’s name. Use one line of the application for each child. When printing names, write one letter in each box. Stop if you run out of space. If there are more children present than lines on the application, attach a second piece of paper with all required information for the additional children.

Building name/Grade: If child is a student, list building name and grade.

Do you have any foster children? If any children listed are foster children, mark the “Foster Child” box next to the child’s name. If you are ONLY applying for foster children, after finishing STEP 1, go to STEP 4. Foster children who live with you may count as members of your household and should be listed on your application. If you are applying for both foster and non-foster children, go to step 3.

Are any children homeless, migrant, or runaway? If you believe any child listed in this section meets this description, mark the “Homeless, Migrant, Runaway” box next to the child’s name and complete all steps of this application.

STEP 2: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN SNAP, TANF, OR FDPIR?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:
- The Supplemental Nutrition Assistance Program (SNAP)
- Temporary Assistance for Needy Families (TANF)
- The Food Distribution Program on Indian Reservations (FDPIR)

If no one in your household participates in any of the above listed programs:
- Leave STEP 2 blank and go to STEP 3.

If anyone in your household participates in any of the above listed programs:
- Write a case number for SNAP, TANF, or FDPIR. You only need to provide one case number. If you participate in one of these programs and do not know your case number, contact: State number 1-855-373-4636.
- Go to STEP 4.

STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

How do I report my income?
- Use the charts titled “Sources of Income for Adults” and “Sources of Income for Children,” printed on the back side of the application form to determine if your household has income to report.
- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents.
  - Gross income is the total income received before taxes.
  - Many people think of income as the amount they “take home” and not the total, “gross” amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.

(Information follows on the reverse side.)
3.A. REPORT INCOME EARNED BY CHILDREN

A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked “Child Income.” Only count foster children’s income if you are applying for them together with the rest of your household.

**What is Child Income?** Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income.

3.B REPORT INCOME EARNED BY ADULTS

Who should I list here?
- When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, **even if they are not related and even if they do not receive income of their own**.

**Do NOT include:**
- People who live with you but are not supported by your household’s income AND do not contribute income to your household.
- Infants, Children and students already listed in STEP 1.

**List adult household members’ names.**
- Print the name of each household member in the boxes marked “Names of Adult Household Members (First and Last).” Do not list any household members you listed in STEP 1 if a child listed in STEP 1 has income, follow the instructions in STEP 3, part A.

**Report earnings from work.** Report all total gross income from work in the “Earnings from Work” field on the application. This is usually the money received from working at jobs. If you are a self-employed business or farmer, you will report your net income.

**What if I am self-employed?** Report income from that work as a net amount. This is calculated by subtracting the total operating expenses of your business from its gross receipts or revenue.

**Report income from pensions/retirement/all other income.** Report all income that applies in the “Pensions/Retirement/All Other Income” field on the application.

**Report total household size.** Enter the total number of household members in the field “Total Household Members (Children and Adults).” This number MUST be equal to the number of household members listed in STEP 1 and STEP 3. If there are any members of your household that you do not have listed on the application, go back and add them. It is very important to list all household members, as the size of your household affects your eligibility for free and reduced-price meals.

**Report income from public assistance/child support/alimony.** Report all income that applies in the “Public Assistance/Child Support/Alimony” field on the application. Do not report the cash value of any public assistance benefits NOT listed on the chart. If income is received from child support or alimony, only report court-ordered payments. Informal but regular payments should be reported as “other” income in the next part.

**Provide the last four digits of your Social Security Number.** An adult household member must enter the last four digits of their Social Security Number in the space provided. You are eligible to apply for benefits even if you do not have a Social Security Number. If no adult household members have a Social Security Number, leave this space blank and mark the box to the right labeled “Check if no SSN.”

---

**STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE**

**All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.**

**Provide your contact information.** Write your current address in the fields provided if this information is available. If you have no permanent address, this does not make your children ineligible for free or reduced-price school meals. Sharing a phone number, email address, or both is optional, but helps us reach you quickly if we need to contact you.

**Print and sign your name.**
- Print the name of the adult signing the application and that person signs in the box “Signature of adult.”

**Write today’s date.**
- Write today’s date in the box.

**Mail Completed Form to:**
- Columbia Public Schools Nutrition Services Department
- 1818 W. Worley St.
- Columbia MO, 65203

**Share children’s racial and ethnic identities (optional).** On the back of the application, we ask you to share information about your children’s race and ethnicity. This field is optional and does not affect your children’s eligibility for free or reduced-price school meals.

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This institution is an equal opportunity provider.
2019-2020 Application for Free and Reduced-Price School Meals
Complete one application per household. Please use a pen (not a pencil).

**STEP 1**
List ALL Household Members who are infants, children, and students up to and including grade 12. (If more spaces are required for additional names, attach another sheet of paper.)

<table>
<thead>
<tr>
<th>Child's First Name</th>
<th>MI</th>
<th>Child's Last Name</th>
<th>Building Name</th>
<th>Grade</th>
</tr>
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</table>

**STEP 2**
Do any Household Members (including you) currently participate in one or more of the following assistance programs: SNAP, TANF, or FDPIR? Circle one: Yes / No

If you answered NO > Complete STEP 3. If you answered YES > Write a case number here then go to STEP 4 (Do not complete STEP 3) Case Number: ________________

**STEP 3**
Report Income for ALL Household Members (Skip this step if you answered ‘Yes’ to STEP 2)

<table>
<thead>
<tr>
<th>A. Child Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sometimes children in the household earn income. Please include the TOTAL gross income earned by all children listed in STEP 1 here.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name of Adult Household Members (First and Last)</th>
<th>Earnings from Work</th>
<th>Public Assistance/Child Support/Alimony</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Weekly</td>
<td>Bi-Weekly</td>
</tr>
<tr>
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<td>$</td>
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<td>$</td>
<td></td>
</tr>
</tbody>
</table>

| Total Household Members (Children and Adults) | $      | $      | $      | $      | $      |

Last four digit of Social Security Number (SSN) of primary wage earner or another adult household member.

**STEP 4**
Contact Information and adult signature:
Mail completed form to Columbia Public Schools, Nutrition Services, 1818 W. Worley St., Columbia MO 65203

I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws.

<table>
<thead>
<tr>
<th>Street Address (if available)</th>
<th>Apt #</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>Daytime Phone and Email (optional)</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

Printed name of adult completing the form
Signature of adult completing the form

Today's date:

DO NOT FILL OUT THIS SECTION, THIS IS FOR SCHOOL USE ONLY.

ANNUAL INCOME CONVERSION: WEEKLY X 52, EVERY 2 WEEKS X 26, TWICE A MONTH X 24, MONTHLY X 12 (USE ONLY IF MULTIPLE FREQUENCY)

Food Stamps/Temporary Assistance House size:
Eligibility: Free Reduced Denied Reason:

Determining Official's Signature:
Confirming Official's Signature (For verification purposes only):
Sources of Income for Children

<table>
<thead>
<tr>
<th>Sources of Child Income</th>
<th>Example(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Earnings from work</td>
<td>- A child has a regular full or part-time job where they earn a salary or wages</td>
</tr>
<tr>
<td>Social Security</td>
<td>- A child is blind or disabled and receives Social Security benefits</td>
</tr>
<tr>
<td>- Disability Payments</td>
<td>- A Parent is disabled, retired, or deceased, and their child receives Social Security benefits</td>
</tr>
<tr>
<td>- Survivor’s Benefits</td>
<td>- A child receives regular income from a private pension fund, annuity, or trust</td>
</tr>
<tr>
<td>Income from person outside the household</td>
<td>- A friend or extended family member regularly gives a child spending money</td>
</tr>
<tr>
<td>Income from any other source</td>
<td>- A child receives regular income from a private pension fund, annuity, or trust</td>
</tr>
</tbody>
</table>

Sources of Income for Adults

<table>
<thead>
<tr>
<th>Earnings from Work</th>
<th>Public Assistance/Alimony/Child Support</th>
<th>Pensions / Retirement / All Other Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Salary, wages, cash bonuses</td>
<td>- Unemployment benefits</td>
<td>- Social Security (including railroad retirement and black lung benefits)</td>
</tr>
<tr>
<td>- Net income from self-employment (farm or business)</td>
<td>- Worker’s compensation</td>
<td>- Private pensions or disability benefits</td>
</tr>
<tr>
<td>If you are in the U.S. Military:</td>
<td>- Supplemental Security Income (SSI)</td>
<td>- Regular income from trusts or estates</td>
</tr>
<tr>
<td>- Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances)</td>
<td>- Cash assistance from State or local government</td>
<td>- Annuities</td>
</tr>
<tr>
<td>- Strikes</td>
<td>- Alimony payments</td>
<td>- Investment income</td>
</tr>
<tr>
<td>- Strike benefits</td>
<td>- Child support payments</td>
<td>- Earned interest</td>
</tr>
<tr>
<td>- Veteran’s benefits</td>
<td></td>
<td>- Rental income</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Regular cash payments from outside household</td>
</tr>
</tbody>
</table>

Optional: Children’s Racial and Ethnic Identities

We are required to ask for information about your children’s race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children’s eligibility for free or reduced-price meals. If ethnicity/race is not selected, a visual identification will be determined.

Ethnicity (check one): ☐ Hispanic or Latino ☐ Not Hispanic or Latino
Race (check one or more): ☐ American Indian or Alaskan Native ☐ Asian ☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander ☐ White

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced-price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced-price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410;

2. fax: (202) 690-7442; or

3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.
COLUMBIA PUBLIC SCHOOLS

GUIDELINES FOR STUDENT CONDUCT AND SAFETY FOR THE SCHOOL TRANSPORTATION PROGRAM

In order to provide a safe and efficient school transportation program for all students, the following regulations shall be observed. Students shall:

PRIOR TO AND DURING LOADING

1. Be extremely careful when approaching bus stops. Whenever possible, remain off the streets when walking to and from the bus stop and when waiting for the bus. Look in both directions before crossing the street.
2. Observe reasonable rules of safety and good conduct while walking to and from the bus stops and while waiting for the bus. Avoid pushing, shoving, etc.
3. Wait until the bus has come to a complete stop before moving forward to board the bus. Cross the street, when necessary, only after the driver signals it is safe. Cross at least ten feet in front of the school bus.
4. Board the bus in single file. Observe reasonable rules of safety and good conduct while boarding the bus.

RIDING THE SCHOOL BUS

1. After boarding the bus, go directly to your seat without disturbing or crowding other students. Remain seated until the bus reaches its destination. The bus driver and/or school official may assign seats on the bus.
2. At all times, observe reasonable rules of good and safe conduct. Excessively loud talking and laughing, or other acts which cause unnecessary confusion, may divert the driver's attention from driving and could result in a serious accident.
3. Keep all portions of your body inside the bus at all times.
4. Remain seated until the bus reaches its destination and comes to a complete stop.

LEAVING THE SCHOOL BUS

1. Remain seated until the bus has stopped.
2. Leave the bus in single file. Observe reasonable rules of safe conduct.
3. If it is necessary to cross the street, do so only after the driver signals that it is safe. Cross at least ten feet in front of the bus.
4. Be discharged from the bus only at regular designated stops near home or at school. If a parent wants his or her child to be dropped off at a location other than the regular stop, the student must have a bus pass which is signed by a school administrator. It is advisable that school administrators accompany an elementary student to the bus, especially when the student is riding a different bus than normal. The administrator should hand the bus pass to the bus driver while also communicating with the driver about the situation. This is to ensure the student reaches the correct destination.

OTHER REMINDERS

1. Drivers' directions shall be followed promptly and courteously at all times.
2. Smoking is not permitted on the school bus.
3. Profanity is not permitted on the school bus.
4. Objects shall not be thrown from and/or within the school bus.
5. The bus shall be kept clean, sanitary, and safe. Large articles that cannot be held easily on your lap and items that are prohibited on school property are also prohibited on the bus.
6. School bus equipment must be treated with reasonable care. Any damage caused by a student will be paid for by the student.
7. No eating or drinking is permitted while riding the bus.
8. Bullying will not be tolerated and will be reported to a school official.
9. Keep aisles clear at all times.

Please visit the Columbia Public Schools Web site, www cpsk12 org, for additional transportation-related information.
Columbia Public Schools
School Transportation Program

To: Parents of students eligible for school bus transportation

From: Dr. Peter Stiepleman, Superintendent of Schools

An important objective of the Columbia Public Schools and (STA) Student Transportation of America, (the company which provides transportation for eligible Columbia Public Schools students) is to offer a safe, effective, and efficient transportation program. In order to achieve this objective, it is necessary to establish rules and regulations for the conduct of students riding school buses. The regulations are intended to serve the best interests of all students.

The guidelines established for the conduct of Columbia school bus riders are attached. Please review this information with your student and complete the following:

I have read the attached guidelines for the student conduct and safety pertaining to school bus transportation and I have discussed them with my student.

_________________________     ____________________________
Date                        Student’s Name (please print)

_________________________
Parent’s (Guardian’s) Signature

Please return to your child’s school by Tuesday, September 10, 2019.
The health room staff is happy to welcome you and your child. Our school has a long tradition of caring for students. Health needs have changed since Jefferson first opened in 1911, but the caring attitude remains.

Your middle school student can and should carry a one day supply of over the counter pain reliever with them; this includes Tylenol or Ibuprofen. It must be in a container labeled by the manufacturer. They may also carry cough drops and cold or allergy medication. A student who uses an asthma inhaler can self-carry the inhaler. There is paperwork to complete for these students. The health room staff is not allowed give any medication unless the parent provides a written prescription from the doctor. We are happy to assist with dispensing daily medication for your student. This requires that a parent bring the medication to the health room and complete the necessary paperwork. The medication must be in the original, pharmacy labeled bottle with the most recent date possible.

The following symptoms will result in your student being sent home from school. If your student has these symptoms in the previous 24 hours, they should not come to school. You must notify the attendance secretary if your child is ill.

- Fever greater than 100 degrees
- Vomiting or diarrhea
- Unusual or unexplained rash
- Persistent cough
- Ongoing symptoms of discomfort or immobility due to an injury
  (Exceptions made with a physician note. There are 3 floors and a lot of steps at Jefferson. There is no elevator for the main building.)

Student must be fever/vomit free for 24 hours without medication prior to returning to school.

- The State of Missouri mandates a Tdap and Meningitis booster for all 8th grade students. These vaccines can be given any time after age 10. Send written proof to the nurse please.
- Please be sure that you notify the school if your phone number changes. Serious illness or injury is frightening for your child. The health room staff must be able to contact you quickly in case of emergency.

Betty Cramer, RN, BSN ECramer@cpskl2.org
Phone: 573-214-3213 Fax: 573-214-3399
7 AM-3:30 PM Monday-Friday
2019 Influenza “Flu” Vaccine School-Based Clinic Consent Form

All questions must be answered. If you do not complete this form and return it to school, your child will not be vaccinated.

SECTION 1: INFORMATION ABOUT THE CHILD TO RECEIVE VACCINE (PLEASE PRINT)

<table>
<thead>
<tr>
<th>STUDENT’S NAME (Last)</th>
<th>(First)</th>
<th>(M.I.)</th>
<th>STUDENT’S AGE</th>
<th>STUDENT’S GENDER</th>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>STUDENT’S DATE OF BIRTH</th>
<th>SCHOOL NAME</th>
<th>GRADE/TEACHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONTH ____ DAY ____ YEAR</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DOES THE STUDENT HAVE HEALTH INSURANCE:</th>
<th>STUDENT NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Yes</td>
<td>☐ No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>STUDENT’S ADDRESS</th>
<th>CITY</th>
<th>STATE</th>
<th>ZIP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PARENT/GUARDIAN DAYTIME PHONE NUMBER(S):</th>
<th>PARENT/GUARDIAN EMAIL ADDRESS (Optional)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PARENT/LEGAL GUARDIAN’S NAME (Last)</th>
<th>(First)</th>
<th>(M.I.)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

SECTION 2: SCREENING FOR VACCINE ELIGIBILITY

1. Does your child have a serious allergy to eggs? [ ] Yes [ ] No
2. Does your child have any other serious allergies? Please list: ______________________
3. Has your child ever had a serious reaction to a previous dose of flu vaccine? [ ] Yes [ ] No
4. Has your child ever had Guillain-Barré Syndrome (temporary severe muscle weakness) within 6 weeks of receiving a flu vaccine? [ ] Yes [ ] No

SECTION 3: VACCINE INFORMATION

The injectable flu vaccine (flu shot) is the only type of flu vaccine that will be offered. FluMist nasal spray will not be given this season.

--- SIGN BELOW: VACCINATION WILL NOT BE GIVEN WITHOUT PARENT/LEGAL GUARDIAN’S SIGNATURE ---

SECTION 4: CONSENT FOR CHILD’S VACCINATION

I UNDERSTAND THE RISKS AND BENEFITS AND GIVE CONSENT to the Columbia/Boone County Department of Public Health and Human Services and its staff for my child named on this form to be vaccinated with the 2019 injectable influenza vaccine (flu shot). I understand that a 2019 Vaccine Information Statement (VIS) will be provided at the time of vaccination, and I can access the VIS at: www.immunize.org/vis

Parent/Legal Guardian Signature ___________________________ Month ____ Day ____ Year ____

SECTION 5: VACCINATION RECORD - FOR ADMINISTRATIVE USE ONLY

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Date Dose Administered</th>
<th>Route</th>
<th>Dosage</th>
<th>VIS Given</th>
<th>Vaccine Manufacturer</th>
<th>Lot Number</th>
<th>Name and Title of Vaccine Administrator</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019 Influenza</td>
<td>__ / __ / _</td>
<td>IM RD LD</td>
<td>0.5 cc</td>
<td>☐ IIV4 Date: 8/7/15</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Health Summary  
2019-2020

COLUMBIA PUBLIC SCHOOLS
Administration Building • 1818 W. Worley Street • Columbia, MO 65203

SCHOOL  Jefferson Middle School  
GRADE ___________________  
STUDENT # ___________________

NAME _____________________  
Male/Female ___________________  
Birthdate ___________________

PARENT/GUARDIAN #1  
Home # ___________________  
Work # ___________________  
Cell # ___________________

PARENT/GUARDIAN #2  
Home # ___________________  
Work # ___________________  
Cell # ___________________

EMERGENCY CONTACT  
Name ___________________  
Relationship ___________________  
Phone # ___________________

DOCTOR/CLINIC  
Name ___________________  
Phone # ___________________

DENTIST  
Name ___________________  
Phone # ___________________

PREFERRED HOSPITAL  
Name ___________________  
Phone # ___________________

TYPE OF INSURANCE  
☐ Employment  
☐ Private Self-Pay  
☐ Straight Medicaid (red card)  
☐ MoHealthNet  
☐ None

☐ NONE OF THE HEALTH CONCERNS LISTED IN THE BOX BELOW APPLY TO MY CHILD

MY CHILD HAS THE FOLLOWING SPECIAL HEALTH CONCERNS

☐ ALLERGIES: (drugs, food, insects, pollens) Please list  
 Has allergy required emergency action in the past?  ☐ Yes  ☐ No  
 Describe reaction:  

A FOOD ALLERGY SUBSTITUTE REQUIRES A PHYSICIAN’S STATEMENT OF DISABILITY

☐ ASTHMA  ** If yes, must complete Asthma History form**

☐ ATTENTION DEFICIT DISORDER (ADHD): Medications _______________________  
Taken at:  ☐ Home  ☐ School

☐ DIABETES:  ☐ Insulin Dependent  ☐ Non-Insulin Dependent  
Physician: _______________________  
Comments: _______________________

☐ EARS:  ☐ Frequent infections  ☐ tubes (☐ Right  ☐ Left, date inserted ______)  
☐ hearing difficulty (explain)  
☐ hearing aid (☐ Right  ☐ Left, wear at school?  ☐ Yes  ☐ No  )  
☐ other _______________________

☐ EYES:  ☐ glasses (☐ reading  ☐ distance)  ☐ contacts  ☐ lazy eye  
☐ difficulty seeing  ☐ previous surgery

☐ SEIZURES: Describe seizure  

Date of last seizure _______________________  
Medication _______________________  

☐ SICKLE CELL DISEASE:  ☐ yes  
Physician: _______________________  
Restrictions: _______________________

☐ OTHER MEDICATIONS:  
Reason for taking _______________________  
Taken at:  ☐ Home  ☐ School

OTHER HEALTH CONCERNS:  
☐ Bladder  ☐ bleeding  ☐ blood disorder  ☐ blood pressure  ☐ bowel  ☐ dental  
☐ eating  ☐ headaches  
☐ heart problem  ☐ lungs  ☐ menstruation  ☐ nosebleeds  ☐ neurologic  
☐ orthopedic  ☐ phobias(fears)  ☐ skin  
☐ sleeping  ☐ Other illness, injury or health problems which might affect performance at school  

Explain: _______________________

☐ Requires Special Nursing Health Care (specify):  

☐ Check if you believe that because of the above stated impairment your child needs special education and related services under IDEA or Section 504 of the Rehabilitation Act.

SPECIAL SERVICES STUDENT HAS REQUIRED OR IS RECEIVING:  
☐ IEP  ☐ Speech/Language  ☐ 504  ☐ OT/PT  ☐ Counselor

** Copy of current immunization record must be presented to enroll **

In accordance with the Board of Education policy, parents/guardians will be notified as soon as possible in case of serious illness or injury. Students given emergency care by school personnel as indicated in the Student Handbook. Parents/guardians who do not wish their child cared for in accordance with this policy should indicate this in writing to:

HEALTH SERVICES COORDINATOR; 1818 W. Worley, Columbia, MO 65203.

My signature below verifies the above information to be accurate. I also permit the school nurse to share information with school staff as deemed appropriate by the nurse, to provide for my child’s health and safety.

Signature of Parent/Guardian _______________________  
Date _______________________

Revised 1/28/2019
Asthma History

COLUMBIA PUBLIC SCHOOLS
Administration Building • 1818 W. Worley Street • Columbia, MO 65203

Complete ONLY if student has asthma or history of asthma and return form to the school nurse.

<table>
<thead>
<tr>
<th>Student number</th>
<th>Grade</th>
<th>Height</th>
<th>Date</th>
</tr>
</thead>
</table>

Triggers that might start an episode for this student? (check all that apply)

- Animal Dander
- Emotions (when upset)
- Molds
- Temperature Changes
- Cigarette smoke, strong smells
- Food Allergy
- Other
- Cockroaches
- Pollens
- Respiratory Infections
- Dust Mites
- Irritants
- Advair®
- Albuterol
- Alvesco®
- Asmanex®
- Dulera®
- Pulmicort®
- QVAR®
- Singular®
- Symbicort®
- Theophylline
- Tilade®
- Xopenex®
- Other

1. Does this student have a current prescription for any of the following medications to be taken daily to control respiratory problems? (check all that apply)
   - None
   - Advair®
   - Dulera®
   - Symbicort®
   - Albuterol
   - Pulmicort®
   - QVAR®
   - Asmanex®
   - Singulair®

2. How many times in the last 3 years has this student required urgent or emergency care due to respiratory problems?
   - Zero
   - 1-2
   - 3-5
   - 6 or more

3. How many times in the last 3 years has this student been hospitalized due to respiratory problems?
   - Zero
   - 1-2
   - 3-5
   - 6 or more

4. Previous admission to Intensive Care Unit (ICU) for respiratory problems?
   - Yes
   - No
   - Date: ________

5. How many days of school did this student miss last school year due to respiratory problems?
   - Zero
   - 1-2
   - 3-5
   - 6-9
   - 10 or more

6. What seasons of the year make this student’s asthma symptoms worse? (check all that apply)
   - Seasons do not affect
   - Fall
   - Winter
   - Spring
   - Summer

7. Does this student recognize his/her early signs of worsening asthma? Yes No

8. Approximately how often in a year does this student require the use of quick relief medicine, Albuterol (ProAir®, Proventil® or Ventolin®) or Xopenex®, to relieve respiratory problems?
   - Zero
   - 5 or fewer days per year
   - 5 or fewer days per month
   - 2 or fewer days per week
   - more than 2 days per week

9. Does this student use more than 3 canisters of quick relief medicine per year? Yes No

10. How many times in the last year was the student prescribed a systemic steroid (ex. Prednisone, PediaPred®, OrasPred®, Medrol®) for treatment of an respiratory flare up?
    - Zero to 1
    - 2-3
    - 4-5
    - 6 or more

11. How often does this student awaken during the night having difficulty with coughing, wheezing or breathing?
    - Zero - 1 time/month
    - twice/month
    - 3-7 times/month
    - 6 or more times/month

Medication plan for school (check all that apply)
- No medications at school/does not carry inhaler
- Inhailer for sports/extra-curricular only
- Student will carry quick relief inhaler during school hours (Middle School and Senior High School students ONLY)
- Quick relief inhaler to be kept in nurse’s office
- Daily asthma medications to be kept in nurse’s office
- Nebulizer tubing and medications to be kept in the nurse’s office
- FEV1 or Peak Flow monitoring supplies to be kept in nurse’s office

Columbia Public School’s nurses recommend having an Asthma Action Plan for all students with asthma. Students who will be receiving asthma medications at school must have an asthma action plan on file. A form is available from the school nurse. If your physician has already developed an asthma plan, please provide a copy to the school nurse.

***Please note: If your child has not used asthma medication in more than 3 years and no longer meets the criteria of persistent asthma, the health record may be changed to reflect ‘history of asthma’. For questions, please contact your school nurse.
MIDDLE SCHOOL
ATHLETIC PASS

Middle School Athletic Pass $50.00
Family of 5 Admission to any CPS Middle School Athletic Event-Tournaments not included

Single Admission Prices
$3.00 per Adult
$2.00 per Student
Free Senior/ 5 and Under

Student Name _____________________________
Grade _____________
Parent Name _____________________________

Check # _______________ Total $ ___________