



2023-2024 Local Wellness Committee

Agenda

Tuesday, November 28, 2023, 11:15 a.m. – 12:15 p.m.

Aslin Lower Level Conference Room

Call to Order

Old/Unfinished Business

- Wellness Committee Additions
 - Lance Foulk, Principal at Beulah Ralph Elementary
 - Dr. Leigh Neier, Teaching Professor in the Department of Educational, School & Counseling Psychology at University of MO
 - Molly Stebbins, School Psychologist with Special Services
 - Students: School Health Committees
- Staff wellness
 - Wellness newsletter and videos
 - Health Fair, Be Well Campaigns, Dana Jones

New Business

- Triennial Assessment
 - Update Local Wellness Policy
 - School Health Index
- Staff Wellness
 - Employee Wellness Interest Survey
- Student Wellness
 - February-Active Classrooms Month
- District Wellness Committee
 - Term limit guidance
 - Responsibilities/guidelines
 - Subcommittees
 - Recruiting new members

Action Items

- Solicit buildings to complete School Health Index
- Solicit building leads to select building wellness champion
- Set 2024 spring meetings

Can't make it in person? Join Zoom link

<https://cpsk12.zoom.us/j/97907817416?pwd=VnBseDhuQjZFNUZ3Rm5PV3N0SDd6UT09>

Meeting ID: 979 0781 7416

Passcode: 391948

+1 360 209 5623 US

+1 386 347 5053 US