



2023-2024 Local Wellness Committee

Agenda

Wednesday, March 6, 2024, 11:00 a.m. – 12:00 p.m.

Aslin Training Room

Call to Order

Old/Unfinished Business

- Wellness Committee Additions
 - Angela Eldridge, parent
- Wellness Initiative Updates
 - Employee events
- Triennial Assessment
 - School Health Index update
 - Wellness Policy update

New Business

- Staff Wellness
 - Current State of Employee Well-Being Survey
 - Health Expo
- District Wellness Committee
 - Mission Statement, Vision, & Values
- Student Wellness
 - Align health & wellness with CSIP

Action Items

- Solicit buildings to complete School Health Index
- ’24-’25 wellness committee goals

Can't make it in person? Join Zoom link

<https://cpsk12.zoom.us/j/3455623585?omn=95571383889>

Meeting ID: 345 562 3585

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