

**Local Wellness Policy Report Card
Columbia Public Schools
2020-2021**

Model Policy used to assess district policy: MSBA

The percentage of schools or district in compliance	100%	≥75%	≥50%	≥25%	0-25%
Category and Question					
School Wellness Advisory Group					
1. Does the district have an advisory group?	x				
2. Does the advisory group provide feedback for procedure enhancement and revision?	x				
3. Does the advisory group contain all required member?		x			
a. If no what member is missing? Missing a student		x			
4. Is the wellness policy available to the public?	x				
5. When the policy was last updated? 2018 and 2021	x				
6. When is the next policy update scheduled? 2021	x				
School Meals Program					
Which available child nutrition programs does the district implement?					
Breakfast	x				
Lunch	x				
Dinner	x				
After School Snack	x				
USDA Foods Program	x				
Special Milk only available to pre-K who do not eat lunch					x
Farm to School seasonal	x				
Community Eligibility Provision: 3 participating					x
Provision II Breakfast	x				
Community Eligibility Provision (CEP) 10 schools	x				
Seamless Summer Feeding school that qualify	x				
Fresh Fruit and Vegetable Program 4 schools participating					x
Does the district participate in the following supplemental programs?					
School Gardens			x		
Breakfast in the classroom					x
Grab and go breakfast				x	

Are all school meals in compliance all regulations surrounding the most recent HHFKA of 2010?	x				
100% of all grains whole grain?		x			
Target I sodium standards?	x				
Dried beans requirement?	x				
Dark green vegetable requirement?	x				
Fat free milk requirement?	x				
Calories per grade group requirement?	x				
Saturated fat requirement?	x				
No trans fat requirement	x				
Mandatory fruit and vegetable requirement at all meals?	x				
Is the juice served to students 100% fruit juice.	x				
Are all foods and beverages sold during school hours in compliances with *Smart Snack requirements?	x				
Fundraisers?	x				
School stores?	x				
A la carte items sold in the cafeteria?	x				
Vending?	x				
Are all classroom under the Smart Snack regulations?					x
Does the school district offer students free potable water with all meals?	x				
Does the district limit marketing only to foods in compliance with Smart Snack requirements?	x				
Nutrition Education and Promotion					
Does the district offer nutrition education classes to students?	x				
Are nutrition education classes developed by a licensed and registered dietitian?	x				
Is nutrition education offered at all grade levels?	x				
Does the district include district parents and staff in nutrition education and promotion?	x				
Does the cafeteria advertise nutrition promotion ideas?	x				
Are students encouraged to take healthy snack breaks?		x			
Are school discouraged from offering foods as a reward?	x				
What are some future goals surrounding nutrition promotion? More FTS and cafeteria tasting					
Physical Education and Activity					
District provide physical education to all students?	x				
Weekly?	x				
Daily?		x			
Does the district provide at least 50% of class time to physical activity?	x				
Do elementary students have daily recess?	x				

Do secondary students have daily recess?					X
Does the district promote after school activities that promote encourage physical activity?	X				
Public Involvement					
Was the agenda posted to the public for each open meeting?	X				
What forum? Website	X				
Are public welcome to join the committee meetings?	X				
Were board policy required individuals a part of the committee?		X			
Board member?					X
District Administrator?	X				
School Administrator?	X				
Member of the public?	X				
Nutrition professional?	X				
Health and PE?	X				
Nutrition Services?	X				
Health Services?	X				
Parent?	X				
Student?					X
Teacher?	X				

Smart Snack requirements target the following nutrients per package: calories ≤ 200 calories for a snack item, ≤ 350 calories for an entrée, ≤ 200 mg sodium, $\leq 35\%$ of calories as total fat, $\leq 10\%$ of calories from saturated fat, 0 g trans fat, and $\leq 35\%$ of total weight from sugar. See fact sheet for beverages:

<https://www.fns.usda.gov/sites/default/files/cn/allfoods-flyer.pdf>

Who was involved in the policy and procedure revisions?

Nutrition Services
Athletics
Health and PE
Health Services
Occupational Health

1. _____
2. _____
3. _____
5. _____
6. _____
7. _____
9. _____
10. _____
11. _____

4. _____ 8. _____ 12 _____
8. What are some future goals surrounding nutrition promotion?