

**Local Wellness Policy Report Card
Columbia Public Schools
2020-2021**

The percentage of schools or district in compliance	100%	≥75%	≥50%	≥25%	0-25%
Category and Question					
School Wellness Advisory Group					
1. Does the district have an advisory group?	X				
2. Does the advisory group provide feedback for procedure enhancement and revision?	X				
3. Does the advisory group contain all required member?		X			
a. If no what member is missing? Missing a student		X			
4. Is the wellness policy available to the public?	X				
5. When the policy was last updated? 2018 and 2021	X				
6. When is the next policy update scheduled? 2021	X				
School Meals Program					
Which available child nutrition programs does the district implement?					
Breakfast	X				
Lunch	X				
Dinner	X				
After School Snack	X				
USDA Foods Program	X				
Special Milk only available to pre-K who do not eat lunch					X
Farm to School seasonal	X				
Community Eligibility Provision: 3 participating					X
Provision II Breakfast	X				
Community Eligibility Provision (CEP) 10 schools	X				
Seamless Summer Feeding school that qualify	X				
Fresh Fruit and Vegetable Program 4 schools participating					X
Does the district participate in the following supplemental programs?					
School Gardens			X		
Breakfast in the classroom					X
Grab and go breakfast				X	
Are all school meals in compliance all regulations surrounding the most recent HHFKA of 2010?	X				
100% of all grains whole grain?		X			

Target I sodium standards?	X				
Dried beans requirement?	X				
Dark green vegetable requirement?	X				
Fat free milk requirement?	X				
Calories per grade group requirement?	X				
Saturated fat requirement?	X				
No trans fat requirement	X				
Mandatory fruit and vegetable requirement at all meals?	X				
Is the juice served to students 100% fruit juice.	X				
Are all foods and beverages sold during school hours in compliances with *Smart Snack requirements?	X				
Fundraisers?	X				
School stores?	X				
A la carte items sold in the cafeteria?	X				
Vending?	X				
Are all classroom under the Smart Snack regulations?					X
Does the school district offer students free potable water with all meals?	X				
Does the district limit marketing only to foods in compliance with Smart Snack requirements?	X				
Nutrition Education and Promotion					
Does the district offer nutrition education classes to students?	X				
Are nutrition education classes developed by a licensed and registered dietitian?	X				
Is nutrition education offered at all grade levels?	X				
Does the district include district parents and staff in nutrition education and promotion?	X				
Does the cafeteria advertise nutrition promotion ideas?	X				
Are students encouraged to take healthy snack breaks?		X			
Are school discouraged from offering foods as a reward?	X				
What are some future goals surrounding nutrition promotion? More FTS and cafeteria tasting					
Physical Education and Activity					
District provide physical education to all students?	X				
Weekly?	X				
Daily?		X			
Does the district provide at least 50% of class time to physical activity?	X				
Do elementary students have daily recess?	X				
Do secondary students have daily recess?					X
Does the district promote after school activities that promote encourage physical activity?	X				

Public Involvement					
Was the agenda posted to the public for each open meeting?	X				
What forum? Website	X				
Are public welcome to join the committee meetings?	X				
Were board policy required individuals a part of the committee?		X			
Board member?					X
District Administrator?	X				
School Administrator?	X				
Member of the public?	X				
Nutrition professional?	X				
Health and PE?	X				
Nutrition Services?	X				
Health Services?	X				
Parent?	X				
Student?					X
Teacher?	X				

Smart Snack requirements target the following nutrients per package: calories \leq 200 calories for a snack item, \leq 350 calories for an entrée, \leq 200 mg sodium, \leq 35% of calories as total fat, \leq 10 % of calories from saturated fat, 0 g trans fat, and \leq 35 % of total weight from sugar. See fact sheet for beverages:

<https://www.fns.usda.gov/sites/default/files/cn/allfoods-flyer.pdf>

Who was involved in the policy and procedure revisions?

- Nutrition Services
- Athletics
- Health and PE
- Health Services
- Occupational Health

- | | | |
|----------|----------|-----------|
| 1. _____ | 5. _____ | 9. _____ |
| 2. _____ | 6. _____ | 10. _____ |
| 3. _____ | 7. _____ | 11. _____ |
| 4. _____ | 8. _____ | 12. _____ |

8. What are some future goals surrounding nutrition promotion?