

SEPTEMBER 2019 ELEMENTARY MENU#

COLUMBIA PUBLIC SCHOOLS NUTRITION SERVICES

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
NO SCHOOL Labor Day Observed	Chicken Tenders PBJ, or Yogurt Plate Dipping Sauce, Mashed Potatoes, Gravy, Green Beans, Whole Grain Granola, Garden Bar, Milk	Cheeseburger on WG Bun PBJ, or Turkey Deli Sandwich Corn, Smile Fries, Garden Bar, Milk	Tangerine Chicken PBJ, or Yogurt Plate Brown Rice, Seasoned Peas, Mandarin Oranges , Garden Bar, Milk	Hard or Soft Shell Beef Taco, PBJ, or Pizza Refried Beans, Diced Tomatoes, Garden Bar, Milk
MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
Chicken Patty on WG Bun PBJ, or Pizza Baked Beans, Garden Bar, Milk	Chicken Tenders PBJ, or Yogurt Plate Dipping Sauce, Mashed Potatoes, Gravy, Green Beans, Whole Grain Granola, Garden Bar, Milk	Wild Mike's Cheese Bites PBJ or Turkey Deli Sandwich Seasoned Carrots, Garden Bar, Milk	BBQ Pork Rib Sandwich PBJ or Yogurt Plate Smile Fries, Seasoned Peas, Garden Bar, Milk	Pasta with Spaghetti Sauce & Chicken Meatballs PBJ or Pizza Seasoned Spinach, Garden Bar, Milk
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
Macaroni & Cheese PBJ or Pizza Whole Grain Roll, Steamed Broccoli Garden Bar, Milk	Chicken Tenders PBJ, or Yogurt Plate Dipping Sauce, Mashed Potatoes, Gravy, Green Beans, Whole Grain Granola, Garden Bar, Milk	Pizza Crunchers PBJ, or Turkey Deli Sandwich Spaghetti Dipping Sauce, Seasoned Carrots, Garden Bar, Milk	BBQ Chicken Teriyaki PBJ or Yogurt Plate Brown Rice, Seasoned Peas, Garden Bar, Milk	Jumbo Drumstick PBJ or Pizza Seasoned Corn, Mashed Potatoes, Gravy Garden Bar, Milk
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
Chicken Sausage Patty/ Waffle, PBJ, or Pizza Spiced Apples, Garden Bar, Milk	Chicken Tenders PBJ, or Yogurt Plate Dipping Sauce, Mashed Potatoes, Gravy, Green Beans, Whole Grain Granola, Garden Bar, Milk	Cheeseburger on WG Bun PBJ, or Turkey Deli Sandwich Corn, Smile Fries, Garden Bar, Milk	Tangerine Chicken PBJ, or Yogurt Plate Brown Rice, Seasoned Peas, Mandarin Oranges , Garden Bar, Milk	Hard or Soft Shell Beef Taco, PBJ, or Pizza Refried Beans, Diced Tomatoes, Garden Bar, Milk
MONDAY 30				
NO SCHOOL Teacher Work Day	Every day a garden bar is offered to go with student's entree choice. Lettuce, cherry tomatoes, carrots, broccoli, beans, croutons, cheese, dressings, fresh fruit, canned fruit, and other vegetables and toppings are offered daily! Columbia Public Schools is an Equal Opportunity Employer and Provider — Menus Subject to Change			