



Types of Dental Fillings

When your dentist finds a cavity, you may be presented with different material options to fill the cavity. Choosing between silver colored dental amalgams or tooth colored composite resin depends on multiple factors. Your plan may or may not offer certain material options.

Always review your plan to verify which material is covered by your benefits and ask your dentist which material is right for you.

What is the difference?

Silver colored dental amalgam

These types of fillings are made with a combination of elements including silver, tin, copper and mercury.

- Very durable
- Have been safely used for years
- More quickly placed, less technique sensitive
- Usually less costly
- Silver in color

Tooth colored dental composite resins

Composite resin dental fillings are tooth colored to have a more cosmetic appearance.

- Tooth colored
- Provides good durability
- Usually more costly
- More technique sensitive, may need to be replaced more often

Delta Dental of Missouri