**Georgie, Porgie**

Georgie Porgie, pudding and pie,
Move your shoulders up and down.
Gave his friend a big high five!
Give each other a gentle high five with both hands.

With his friend he loved to play,
Hold your hands up and tickle each other's fingertips.

A gift of a smile he gave each day.
Smile warmly with a loving gaze that includes eye contact.

Repeat with different "gifts" like handshakes, knuckle bumps and pinkie hugs. Sing "Porgie Porgie" for girls.

**Peter, Peter, Pumpkin Eater**

Peter, Peter, pumpkin eater,
Wiggle your booty or twist your waist.

Had a friend he loved to greet.
Shake hands with the child.

Treated her with kind respect,
Gently put your left arm on child's right shoulder and demonstrate a kind touch.

And in the morning hugged her neck.
Move into a gentle hug.

**A Wonderful Woman**

A wonderful woman lived in a shoe.
Hold child's hand and give a palm massage.

She had so many children,
Touch each finger on one hand as you say each word.

She knew exactly what to do.
Massage each finger.

She held them,
Fold thumb in and then fold the fingers over it.

She rocked them,
Cradle and rock the hand.

She tucked them in bed.
Tuck the hand under the child's chin.

"I love you, I love you," is what she said.
Hugs!
Twinkle, Twinkle Little Star

Twinkle, twinkle, little star,
What a wonderful child you are!
With bright eyes and nice round cheeks,
Talented person from head to feet.
Twinkle, twinkle, little star,
What a wonderful child you are!

Little Miss Muffet

Little Miss Muffet sat on her tuft,
Eating her oatmeal today.
Along came a spider and sat down beside her,
And said, "Have a good day!"

Story Hand

It's story time!
This little pinkie...
Then this finger...
Then tuck the thumb in and wrap all the fingers around it.

Little Mouse

There was a little mouse,
Held child's palm. Walk your fingers along it.
And she had a little house.
Release hand then encircle it with both your hands.
And she lived,
Walk two fingers up the child's arm with anticipation.
Up here!
Land on nose, chin, ear, etc. Make it a surprise!

Little Miss Muffet

Little Miss Muffet,
Child and adult make fists with their right hand, touching them together.
Sat on her tuft,
Adult holds up two fingers on her left hand and sits on chair created by her right fist.
Eating her oatmeal today,
Adult moves fingers to pretend she is eating.
Along came a spider,
With his left hand, the child wiggles his fingers like a spider and sneaks up on the adult's eating fingers.
Who sat down beside her and said,
The spider sits down beside the eating fingers.
"We're going to have a great day!"
Adult shakes child's hand.

Story Hand

The Story Hand celebrates an accomplishment (A) or offers reassurance (B).
It's story time!
Take child's hand, start with pinkie.
This little pinkie...
Massage each finger and tell a different strength or occurrence with each finger.
Then this finger...
Continue the story with all four fingers.
And the thumb...
When you reach the thumb, state the concern or celebration for the child. Tuck the thumb into the child's palm, wrap the other fingers over top of it and embrace the child's closed fist in both your hands as you celebrate (A) or reassure (B):
(A) Celebrate the child's accomplishment by saying, You did it! You...
Or (B) Offer reassurance by saying, You're safe, you can handle this.
Humpty Dumpty sat on a wall.  
Adult makes wall with hands. Child makes Humpty Dumpty with one fist and rests it on top of the wall.

Humpty Dumpty had a great fall.  
When the fist falls off, adult gently catches child's wrist.

All the Queen's horses,  
Release the child's wrist and gently massage arms.

And all the King's men,  
Continue massage.

Could put Humpty together again.  
Bring the child's hands together. Wrap your two hands securely around the child's. Bring your united hands up to the child's eye level, sharing a loving gaze while saying the last line.

Little Mouse

There was a little mouse,  
Hold child's palm. Walk your fingers along it.

And she had a little house.  
Release hand then encircle it with both your hands.

And she lived,  
Walk two fingers up the child's arm with anticipation.  
Up here! Land on nose, chin, ear, etc. Make it a surprise!