

# **Hickman High School**



**Extra-Curricular  
Athletics & Activities  
Handbook  
2018-19**

# Hickman High School

## Extra-Curricular Athletics & Activities Handbook

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# 1. Foundation Principles of our Athletics and Activities Programs

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### **Introductory Statement**

This athletic/activity handbook is designed to inform students and their parents of the rules, regulations and information that have helped perpetuate our rich tradition of excellence at Hickman High School.

Participation in athletics/activities is a privilege, which carries with it varying degrees of honor, responsibility and sacrifice. Those who choose to participate will be expected to follow the rules provided in this handbook as well as those established by each coach or sponsor for their sport or activity. Each student represents his/her school and student body. It is the student's duty to conduct himself/herself in a manner becoming the student participant, his/her family, Hickman High School and the Columbia community.

The athletic/activity department will enforce all rules and regulations as described in this Handbook. Parents and students are asked to sign an acknowledgement document located at the end of this handbook stating that they have read and understood the information included in the Handbook and that the student is subject to disciplinary measures should he/she violate the rules and regulations set forth in this Handbook.

### **Why We Play**

The focus and importance of high school sports and activities have changed over the years. More and more pressure has been placed on high school programs in regard to winning, college scholarships and recognition, none of which is the true purpose of education based activities and athletics.

It is said that Americans pour \$8 Billion dollars into youth sports so by the time their sons and daughters get to the high school everyone wants to see the payoff for all they have put into to private lessons, traveling teams, tournaments, transportation hotels, etc... The fact is that 97% of our students will play their last competitive game in our schools. So, what is the purpose of interscholastic athletics?

### **Goals vs. Purpose**

Goals-defined as "the result or achievement toward which effort is directed or aimed."

- We will Prepare, Plan and Play to Win
- Winning is awesome and its important to strive for excellence
- Winning is not our purpose.

Purpose-defined as "the reason for which something exists or is done." It is the Why?

### **Purpose for Hickman Athletic and Activity Programs**

Our athletic/activity programs are here to provide students with a positive extra-curricular experience as an extension to their academic pursuits.

*Through "Sport" we hope to develop students of high character who are contributing members of our Kewpie community. As a member of our teams, students will learn accountability, commitment, teamwork and self-sacrifice. How to manage success and failure; and to strive for excellence each time they compete.*

As the leader for our Athletic Department I will do my best to hire coaches and sponsors who will be transformative leaders and positive role models for Passion, Composure, Self-Discipline, Perseverance, Respect and Integrity.

## 2. Checklist for the First Practice

### BEFORE THE FIRST PRACTICE

The following things are required by the student athlete before the first practice with any team:

- Have I met the academic eligibility requirements the previous semester?
- Have I met the enrollment requirements for the current semester?
- Do I have a current physical examination with Doctors signature dated after February 1, 2018?
- Have I registered or updated my student's Privit Electronic Profile (PEP)? <https://hickmanewpies-mo.e-ppe.com/index.jspa>
- Has my parent provided the electronic signature for Authorization for Treatment, Release of Medical information, and insurance Information- **this is part of the PEP**
- Has both the parent and student provided the electronic signatures on Pre-participation history form? - **part of the PEP**
- Have I provided the student electronic signature on MSHSAA citizenship agreement? - **part of the PEP**
- Has my parent provided the electronic signature for consent to participate? - **this is part of the PEP**
- Has both the parent and student provided the electronic signatures acknowledging MSHSAA concussion Materials? - **this is part of the PEP**
- Have we Downloaded my Athletic Physical?
- Have I join teams which I will be trying out for during the 2017-18 school year.?
- Has both the parent and student signed the "Acknowledgement Extra-Curricular Athletics & Activities Handbook" (Last page).

### Athletic Seasons

Fall Season: August 6 is the first possible practice date for Cross-Country, Football, Girls Golf, Boys Soccer, Softball, Boys Swimming/Diving, Girls Tennis, and Volleyball

Winter Season: October 29 is the first possible practice date for Wrestling, Boys and Girls Basketball  
November 5 is the first possible practice for Girls Swimming and Diving

Spring Season: February 25 is the first possible practice date for Baseball, Boys Golf, Girls Soccer, Boys Tennis and Boys/ Girls Track

## 3. Academic Requirements

Academic Requirements for Participation in MSHSAA Activities at Hickman  
(Effective Fall 2009)

	For FALL SEMESTER participation, students must:	For WINTER \SPRING SEMESTER participation, students must:
Senior	<ul style="list-style-type: none"> <li>• Have earned at least 3.5 credits in the spring semester junior year</li> <li>• Be enrolled in at least 3.5 credit-earning classes</li> </ul>	<ul style="list-style-type: none"> <li>• Have earned at least 3.5 credits in the fall semester senior year</li> <li>• Be enrolled in at least 3.5 credit-earning classes</li> </ul>
Junior	<ul style="list-style-type: none"> <li>• Have earned at least 3.0 credits in the spring semester sophomore year with a Sophomore Seminar.</li> <li>• Be enrolled in at least 3.5 credit-earning classes</li> </ul>	<ul style="list-style-type: none"> <li>• Have earned at least 3.5 credits in the fall semester junior year</li> <li>• Be enrolled in at least 3.5 credit-earning classes</li> </ul>

Soph.	<ul style="list-style-type: none"> <li>• Have earned at least 3.0 credits in the spring semester freshman year with a Freshman Advisory.</li> <li>• Be enrolled in at least 3.0 credit-earning classes and Sophomore Seminar.</li> </ul>	<ul style="list-style-type: none"> <li>• Have earned at least 3.0 credits in the fall semester sophomore year with a Sophomore Seminar.</li> <li>• Be enrolled in at least 3.0 credit-earning classes and Sophomore Seminar.</li> </ul>
Fresh.	<ul style="list-style-type: none"> <li>• Promotion from 8<sup>th</sup> grade</li> <li>• Be enrolled in at least 3.0 credit-earning classes and Freshman Advisory.</li> </ul>	<ul style="list-style-type: none"> <li>• Have earned at least 3.0 credits in the fall semester freshman year with a Freshman Advisory.</li> <li>• Be enrolled in at least 3.0 credit-earning classes and Freshman Advisory.</li> </ul>

- Summer school courses for fall semester academic eligibility may count provided courses are necessary for graduation or promotion (no electives), and are placed on the school transcript. No more than one credit in summer school shall be counted toward eligibility.
- Please check with your counselor and the athletic director regarding credit recovery, correspondence courses, etc.
- **Do not drop courses without first consulting with your assistant principal, athletic director or counselor to determine whether it will affect your eligibility. Make sure you tell your counselor you are in athletics or activities so they can help monitor eligibility.**

#### IPR Grade Checks

To help ensure academic success Head coaches and I will be monitoring each student's academic records at each IPR grading period. If you have received an **(F)** during a grading period you will be suspended from play in games until the grade returns to a passing. It is the students' responsibility to provide verification of passing to the coach and/or athletic director prior to an athlete's return to play.

## 4. Making the Team and Expectations for the Season

#### Residency requirements

To be eligible to compete for Hickman you must have proof of residence within the Hickman boundaries on file with the registrar's office in the guidance department. If you have questions about residency and eligibility please consult your athletic director or guidance counselor.

#### Team Tryout Policies

Each coach of varsity sports has his/her own policy on how he/she will select his/her team. Coaches will explain their team selection policy at the first meeting. Arrangements for tryouts must be made for athletes involved in overlapping sports seasons. It is the responsibility of the student athlete to contact the coach and discuss possible conflicts well in advance of tryouts. A student athlete may be cut from a team anytime during a season for appropriate reasons.

#### Changing a Sport/Quitting a Team

If a student athlete is cut from a team, he/she may join another team or program in that sport season. A student athlete cannot quit one sport to join another sport until that sport season is concluded; i.e., one cannot quit football to go out for basketball until football season is completed. However, athletes will be allowed to transfer from one sport to another during a given season upon the agreement of both coaches.

### Participation in More than one Sport or Activity in One Season

Student may participate in more than one sport or activity during one season with the approval of coaches, sponsors or directors. Schedules will be worked out between the coaches, sponsors or directors involved. Consideration should be given to the importance of the sport or activity (ex. varsity versus non-varsity, playoffs versus regular season and games versus practice). If contests or events conflict, coaches, sponsors or directors and students should collaborate to decide which contest or events a student should participate in.

### Letter awards

An athletic letter award is a symbol of athletic accomplishment, good sportsmanship and observance of our athletic policies. Student athletes, managers, trainers, and cheerleaders are eligible to earn these awards. Coaches for each respective sport will determine the criteria for "lettering" in their sport. No student athlete may receive an award in a sport for which he/she is academically ineligible at the completion of the season or if under suspension for an athletic violation. Candidates must complete the season's play; however, this requirement may be waived in cases of physical injury. No awards will be issued to an athlete until all equipment for his/her sport is turned in to the coach.

### Accidents/Injuries

All accidents or injuries, at home or away competitions, should be reported to the athletic trainer and/or coach immediately. Our Head Athletic Trainer can help facilitate doctors' appointments when necessary.

### Doctor Visits

Medical expenses are the responsibility of the athlete/family. Written verification from the doctor is required when a physician removes an athlete from practice or competition. Written verification from the doctor is required to return to athletic competition. Present verification to our Head trainer prior to you head coach.

### Training Room

The training room is available to all athletes. Athletes are offered a wide variety of services to help meet the demands of athletic competition. The following are guidelines to be followed when using the training room.

1. No student is permitted in this room without the athletic trainer or coach being with him/her.
2. Only student athletes needing treatment and/or rehabilitation of an athletic injury are allowed in this area.
3. All taping, bandaging and treatments will be done by the coach or athletic training staff.
4. Wear appropriate clothing - we are a coed facility.
5. Take a shower after practice before receiving treatment.
6. Only the athletic training staff is to switch the whirlpool or other treatment equipment on or off.
7. Do not use or remove supplies without permission. No athlete may participate until all issued supplies have been returned or paid for.

### Equipment

Equipment checked out by the athlete will be his/her responsibility. It is to be kept clean and in good condition. Loss of issued equipment will be the athlete's/parent's financial obligation. The athlete will not be allowed to participate in other athletic programs or receive awards until this obligation is met. **NOTE: Equipment includes any issued supplies from the training room.**

### Transportation

Transportation to athletic events is provided by the Athletic Department when appropriate. Parents may be called upon, at times, to help transport athletes to a contest. Parents should see the coach or the athletic department for a permission form to transport students in privately owned vehicle. **\* Under no circumstances should an athlete transport another athlete(s).**

## **Sportsmanship and Integrity**

One of the highest signs of praise that can be bestowed upon our teams is to have opponents, coaches and fans describe our programs and/or our teams as demonstrating good sportsmanship. Good sportsmanship requires that everyone be treated with respect, which includes members of the opposing team, officials, coaches and spectators.

All MSHSAA sanctioned events are a reflection of our Kewpie community. The conduct of the team extends beyond those on the sidelines to parents and fans before, during, and after an athletic event.

\*We expect our Kewpie players, parents and fans to demonstrate composure and class Win or Lose.

## **Positive Coaching and Expectations**

The Columbia Public School District has committed to providing positive coaching training for our MSHSAA coaches. The training is provided by the Missouri Institute for Positive Coaching. With this commitment, we also have positive expectations for the parents /guardians of our Kewpie athletes.

### **Parents/Guardians:**

1. Support your student-athlete's efforts to success.
2. Work to promote a positive environment that is conducive to the development of your student-athlete.
3. Treat all game officials and coaching personnel with courtesy and respect.
4. Assure that your student-athlete will attend all scheduled practices and athletic contests.
5. Unless invited by a coach or given permission, practices are closed to non-team members.
6. Model mature and sportsmanlike behavior at all athletic contests. Expect the same from all Kewpie fans.

### **Appropriate concerns to discuss with coaches:**

1. Situations involving your student
2. Ways to help your student improve
3. Your student's attitude, work ethic, and eligibility
4. Concerns about your student's behavior as a member of the team

### **Issues that are not appropriate to discuss with coaches or athletic directors:**

1. Playing time of any student-athlete
2. Team strategy, practice organization, or play calling
3. Other student-athletes

### **Procedures to follow if there is a concern to discuss with a coach: "Chain of command"**

1. Your child should speak to the coach about the issue. This will help your student grow and become and advocate for themselves.
2. Contact the coach to set up an appointment. If the coach cannot be reached, contact the athletic director. They will assist you in arranging a meeting with the coach.
3. If a meeting with the coach did not provide a satisfactory resolution, schedule an appointment with the athletic director to discuss the situation.

\*\*The AD will only intervene if the issue has already been discussed with the coach.

\*\*\* Please do not confront a coach before or after a game or practice. Meetings during these times are usually not as productive since they are normally times of high emotions. A good rule of thumb is the "24 Hour", which means schedule a meeting with the coach a minimum of 24 hours after the game to allow for thoughtful reflection.

## 5. Participation based on Conduct and Attendance

### Columbia Public Schools Citizenship Requirements

Students must display qualities of good citizenship if they wish to participate in extracurricular activities. Failure to be a good citizen may result in probation and/or suspension from all extracurricular activities.

#### Conduct

Participation in athletics is a privilege, not a right. To be successful the participant must be well disciplined and willing to put aside individualism for the benefit of the team. It is very important to our school reputation that our student athletes conduct themselves appropriately during the school day as well as outside the school day.

Consequences for off campus violations of the citizenship policy will not be based on hearsay or rumor. Discipline can occur when a faculty member or credible source, law enforcement agency, witnesses the act or when there is admission of guilt by the athlete.

Penalties for violations take effect immediately upon determination of any violation and will include games in succession (i.e., season schedule, tournaments, and state series, in order of competition).

- When serving a period of out of school suspension (OSS), the student athlete will be ineligible for all contests during the suspension period. **Attendance at school events, whether as a participant or spectator, and at practice is prohibited during this out of school suspension (OSS) period.**
- When serving a period of in-school suspension (ISS), the student athlete will be eligible for all contests and practices provided the student has completed the required consequence by the end of the school day.
- Any suspension period, whether athletic and/or school, includes and prohibits any "tryouts" that might occur.
- If school rules are broken, the student athlete will be subject to the normal punishment for such misbehavior. Suspensions and expulsions from school are the only school penalties automatically in violation of the citizenship policy. All other disciplinary matters at school will be considered on a case by case basis. In no case will athletic rules circumvent or take the place of school rules.

#### Attendance Eligibility

The student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.

Students must attend a minimum of half the school day (2 blocks) to be considered eligible on that date. If the team is leaving early then the student must be in attendance until the team is dismissed. If a student is going to miss class(es) they must be excused through their assistant principal's office. The student cannot be certified eligible to participate on consecutive date following an absence until the student attends a full day of classes or has the unexcused absence changed to reflect it has been excused.

\*Each school has the authority to set more restrictive standards and shall have the authority to judge its students under those standards.

## 6. Drug and Alcohol Policy

#### General Policy

Practical experience and research has proven that even small quantities of narcotics, abused prescription drugs or alcohol can impair judgment and reflexes which can create unsafe conditions for students, especially those involved in sports or any activity covered in this policy. Even when not readily apparent, this impairment can have serious results for students engaged in activities. Student athletes who use drugs are a threat to co-participants, other students, and themselves, and may make injurious errors.

## Prohibitions

All student athletes are prohibited from using, possessing, distributing, manufacturing, or having controlled substances, improperly used medications or any mind/mood altering or intoxicating substances present in their system.

## Prescription Drugs

The Board prohibits the misuse of prescribed or over-the-counter medications and requires all student athletes using prescribed drugs or over-the-counter medications to notify their coach/director if these drugs may affect their performance, (i.e., causing drowsiness, etc.)

## Alcohol Use/Possession/Impairment

All student athletes are prohibited from possessing, drinking or being impaired or intoxicated by alcohol.

## After School Hours Conduct

After school hours use of tobacco, drugs, alcohol, or any other prohibited substances is illegal. A student under arrest for a felony or misdemeanor will be subject to the same consequences if the offense occurs at school or outside of school in the community. Student athletes should realize that these regulations prohibit all illicit drug use and conduct during and away from school activities.

## Consequences for Drug/Alcohol/Tobacco Violations

### a. First Violation

Upon the **first violation** for tobacco, alcohol, drugs the athlete will be suspended for 10 percent of the regular season games in the sport he/she is participating. Suspensions for the first violation will not carryover from one school year to the next.

### b. Second Violation

Upon the **second violation**, the student athlete will be suspended for 50 percent of the regular season games in the sport he/she is participating. Suspensions for the second violation will carryover from year to year and season to season.

### c. Third Violation

Upon the **third violation**, the student athlete will be suspended from participating in any sport or activity for a period extending for a full calendar year or beyond depending on a hearing by a review board.

## CITIZENSHIP GUIDELINES FOR EXTRACURRICULAR ACTIVITY PARTICIPATION

To be eligible to participate in school activities is a privilege, not an inherent right, and therefore requires certain behaviors and attitudes. More specifically, any student who represents his or her school in activities must be a credible citizen and be judged so by proper school authority certifying the list of students for participation.

A student whose character or conduct is such as to reflect discredit upon himself/herself or his/her school is not considered a creditable citizen. His/her conduct shall be satisfactory in accord with the standards of good discipline. Students who participate in the activities, athletics, or performing arts programs, should remember the rewards, recognition, and notoriety that comes with involvement also carries a high degree of school, civic, and individual discipline and responsibility.

The rewards are great! A student has much to gain, but also has much to lose for behavior which is inappropriate.

Besides the possibility of losing eligibility for inappropriate behavior, students involved in the ECA programs are also subject to the disciplinary consequences listed in the Student Handbook.

It is understood that citizenship eligibility cases are handled on an individual basis by the sponsor/coach/director/supervisor, principal, parents and student. However, it is also felt that system-wide guidelines will assist in the uniform handling of such cases.

Students should always remember to conduct themselves in such a manner as to reflect positively upon themselves, family, school and community.

### Consequences:

1. **Students Under Arrest:** A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon school policies. Minor moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries. After a student has completed all court appearances and penalties, and has satisfied all conditions of probation and remains under general probation only, the school shall determine eligibility.
2. **Students involved in misconduct while at school:** This includes truancy, disrespect to teachers, fighting, use of abusive language, etc. After a review by the sponsor/coach/director/supervisor and administration, the student and his/her parent/guardian will be notified of the results. Penalties will range from a reprimand and placing the student on probationary status, to temporary or permanent restriction from representing the school in extracurricular activities. The seriousness of the case and attitude of the student will determine the penalty. Recurrences will require that permanent restriction be considered.
3. **Unsportsmanlike acts by athletes:** Such acts during a contest resulting in ejection will cause the athlete to be restricted from representing the school for at least the next contest. An athlete who commits such an act but is not ejected may still be subject to at least a one game restriction. Each case of this type is to be reviewed by the head coach, building athletic director, and principal before a final decision is reached. See description under Athletics, MSHSAA guidelines.
4. **Due Process:** Students will have the opportunity to express their side of any incident in which they may be involved. Parents or other appropriate representatives may be involved with students during the due process hearings. If the student is dissatisfied with any decisions, he/she has the right to appeal through the following channels: a) school administration, b) assistant superintendent for secondary education, c) superintendent of schools, d) Board of Education. Students wishing to appeal a decision at any level should refer to the district-wide Procedure of Implementation of the Grievance Policy. Copies are available in all principals' offices. Any incidents which occur that are not covered by these guidelines will be reviewed on an individual basis and decisions related to penalties will be made jointly by the school administration and sponsor.

## 6. MSHSAA - Missouri State High School Activities Association policies

### Transfers

- If you transfer schools and your parents do not move into the district of your new school, you will be ineligible for 365 days - unless you meet one of the exceptions listed in the MSHSAA Residence/Transfer Rules.
- If you move with your parents to your new school district, you will be eligible at your new school provided you were eligible in all other respects at your former school. A student shall not be eligible to represent two different schools in the MSHSAA state tournament series in the same sport during the same season.
- You and your parents must move to the new residence at the same time. Proof of residence will be required
- Always check with your school athletic director before you transfer to determine whether it will affect your eligibility.

### Citizenship requirements

- Students who represent our school in interscholastic activities must be credible citizens. Those students whose character or conduct is such as to reflex discredit upon themselves or our school are not considered "credible citizens." Conduct shall be satisfactory in accord with our standards of good discipline.

### Amateur and Awards Standards

- To maintain eligibility, an athlete may not accept cash or credit toward future purchase for participating in an athletic contest or activity or being an athlete. Merchandise may be accepted if it does not exceed a value of \$250 suggested retail price per year. This restriction applies to all sports or activities in which MSHSAA member schools conduct programs.
- You may accept awards which are symbolic in nature, such as medals, ribbons, trophies, plaques, etc. for participating in a school athletic/activity programs.
- You may accept awards which are merchandise and such award shall not exceed \$250 suggested manufacturer's retail price.
- Awards as described above presented by a person or group other than your school, must be approved in advance by your school athletic/activities director and the suggested manufacturer's retail price of a merchandise award shall not exceed \$250.
- You may accept awards for participating in non-school sponsored competition only if the awards are symbolic in nature or the merchandise item does not exceed \$250 in suggested retail value.

### Age Limits

- If you reach 19 years of age prior to July 1 you are considered ineligible for the following school year. Over-aged eighth graders may move up to the senior high team to have eight semesters of eligibility.

### Participation Limits

- You are eligible to participate in any sport for a maximum of four seasons. Any part of a contest played during a season counts as a season of participation.
- Your eligibility to participate in high school activities begins when you first enter the ninth grade and lasts for the next succeeding four consecutive years (eight consecutive semesters).

## 2018-19 Hickman Kewpies Coaches Directory

<b>Sport</b>	<b>Head Coach</b>	<b>Email</b>	<b>Cell Number</b>
Athletic Director	J.D. Coffman	<a href="mailto:jcoffman@cpsk12.org">jcoffman@cpsk12.org</a>	O: 573-214-3011 C: 573-219-2739
<b>Fall</b>			
Softball	Courtney Haskell	<a href="mailto:CHaskell@cpsk12.org">CHaskell@cpsk12.org</a>	573-268-6007
Football	Cedric Alvis	<a href="mailto:Calvis@cpsk12.org">Calvis@cpsk12.org</a>	573-219-0960
Volleyball	Greg Gunn	<a href="mailto:GGunn@cpsk12.org">GGunn@cpsk12.org</a>	573-864-5574
Cross Country	Pete Doll	<a href="mailto:pdoll@cpsk12.org">pdoll@cpsk12.org</a>	573-424-3869
Girls Golf	Laura Kraft	<a href="mailto:lmkp68@mail.missouri.edu">lmkp68@mail.missouri.edu</a>	701-368-9980
Boys Swim/Dive	Taylor Birsa	<a href="mailto:tbirsa@cpsk12.org">tbirsa@cpsk12.org</a>	815-931-1121
Girls Tennis	Jaime Vargas	<a href="mailto:jaimev@socket.net">jaimev@socket.net</a>	573-808-4452
Boys Soccer	Wil Ross	<a href="mailto:coachwross@gmail.com">coachwross@gmail.com</a>	573-864-1855
Cheerleading	Molly Lyman	<a href="mailto:mlyman@cpsk12.org">mlyman@cpsk12.org</a>	573-424-9555
Dance	Sammy Baker	<a href="mailto:sammymbaker@aol.com">sammymbaker@aol.com</a>	573-864-1880
<b>Winter</b>			
Girls Swim/Dive	Taylor Birsa	<a href="mailto:tbirsa@cpsk12.org">tbirsa@cpsk12.org</a>	815-931-1121
Boys Basketball	Cray Logan	<a href="mailto:Clogan@cpsk12.org">Clogan@cpsk12.org</a>	573-881-6011
Girls Basketball	Anna Rorvig	<a href="mailto:arorvig@cpsk12.org">arorvig@cpsk12.org</a>	573-268-4540
Wrestling	Dan Pieper	<a href="mailto:pieperd222@yahoo.com">pieperd222@yahoo.com</a>	573-239-1322
<b>Spring</b>			
Track and Field	Stewart Johnson	<a href="mailto:SJohnson@cpsk12.org">SJohnson@cpsk12.org</a>	573-356-1017
Baseball	Mason Mershon	<a href="mailto:mmershon@cpsk12.org">mmershon@cpsk12.org</a>	816-590-4546
Boys Golf	Brent Welch	<a href="mailto:welch74@msn.com">welch74@msn.com</a>	573-808-7051
Boys Tennis	Jaime Vargas	<a href="mailto:jaimev@socket.net">jaimev@socket.net</a>	573-808-4452
Girls Soccer	Wil Ross	<a href="mailto:coachwross@gmail.com">coachwross@gmail.com</a>	573-356-2747

## Acknowledgment Extra-Curricular Athletics & Activities Handbook

I acknowledge receipt of a copy of the athletic handbook and have read the rules concerning eligibility and conduct for Hickman student athletes. I understand the rules and realize that I am subject to disciplinary measures should I violate them. I do agree to participate and conduct myself in accordance with the rules of our athletic program and with specific rules of my coaches.

We, the undersigned, agree that we have been given the following information and understand it fully.

- I. That the school agrees to provide:
  - A. Supervision
  - B. Instruction
  - C. Proper equipment (This excludes equipment or uniforms provided by the participant)
  - D. Proper safety precautions
- II. That the school abides by all written rules regarding behavior and safety.
- III. That participating in athletics may cause serious injury or death.
- IV. That the school makes available a supplemental, scheduled payment accident insurance plan. It is the option of the parents to enroll in the supplemental insurance plan independent of school.

I have read the above statement of policy and agree to abide by the sportsmanship, citizenship/conduct, tobacco, alcohol and drug expectations. I understand that this agreement in no way limits my right to terminate or to be terminated from student activity participation.

\_\_\_\_\_  
STUDENT PARTICIPANT (Print Name)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF STUDENT PARTICIPANT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF PARENT

\_\_\_\_\_  
DATE