

# Section: Seventh Grade - Academic, Career, Personal and Social Development

**Rationale:** As professional school counselors, we share the responsibility for maintaining the spirit of the Comprehensive Guidance Program. That program is founded in the belief that a district defined, and fully implemented, Comprehensive Guidance Program provides systematic, sequential and intentional opportunities for all students K-12. The Columbia Public Schools Comprehensive Guidance Curriculum is designed to help all students become knowledgeable, capable, resilient and confident decision makers and citizens of a global world. The K-12 Content Standards and Grade Level Expectations (GLE) are Personal and Social Development, Academic Development and Career Development. They are systematically and sequentially developed for the K-12 Comprehensive Guidance Program. The Grade Level Expectations provide benchmarks for student achievement in each content area.

**Course Description:** Seventh Grade School Counseling

**Strand: Personal and Social Development (PS)**

**Content 1: Understanding Self as an Individual and as a Member of Diverse Local and Global Communities**

**Learning Goal A: Self-Concept**

Measurable Learner Objectives:

Recall Level 1 (Basic Knowledge)	Application Level 2 (Skills)	Strategic Thinking Level 3 (Reasoning)	Extended Thinking Level 4 (Products/Performance)
		Demonstrate understanding of individual strengths and personal challenges and how they relate to a positive self-concept.	

**Learning Goal B: Balancing Life Roles**

Measurable Learner Objectives:

Recall Level 1 (Basic Knowledge)	Application Level 2 (Skills)	Strategic Thinking Level 3 (Reasoning)	Extended Thinking Level 4 (Products/Performance)
	Apply personal planning strategies to balance individual, family, and school responsibilities.		

**Learning Goal C: Citizenship and Contribution within a Diverse Community**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
	Identify and practice ways to be a contributing group member.		

**Content 2: Interacting With Others in Ways That Respect Individual and Group Differences**

**Learning Goal A: Quality relationships**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
	Practice effective interpersonal skills in a variety of social situations.		

**Learning Goal B: Respect for Self and Others**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
	Promote acceptance and respect for individual differences.		

**Learning Goal C: Personal Responsibility in Relationships**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
	Practice problem-solving and conflict-resolution skills.		

**Content 3: Applying Personal Safety Skills and Coping Strategies**

**Learning Goal A: Safe and Healthy Choices**

Measurable Learner Objectives:

Recall Level 1 (Basic Knowledge)	Application Level 2 (Skills)	Strategic Thinking Level 3 (Reasoning)	Extended Thinking Level 4 (Products/Performance)
			Utilize effective problem-solving, decision-making and refusal skills needed to make safe/healthy choices in social situations.

**Learning Goal B: Personal Safety of Self and Others**

Measurable Learner Objectives:

Recall Level 1 (Basic Knowledge)	Application Level 2 (Skills)	Strategic Thinking Level 3 (Reasoning)	Extended Thinking Level 4 (Products/Performance)
		Develop strategies to maintain personal safety.	

**Learning Goal C: Coping Skills**

Measurable Learner Objectives:

Recall Level 1 (Basic Knowledge)	Application Level 2 (Skills)	Strategic Thinking Level 3 (Reasoning)	Extended Thinking Level 4 (Products/Performance)
	Apply coping skills to manage life-changing events.		

**Strand: Academic Development (AD)**

**Content 4: Applying Skills Needed for Educational Achievement**

**Learning Goal A: Life-long Learning**

Measurable Learner Objectives:

Recall Level 1 (Basic Knowledge)	Application Level 2 (Skills)	Strategic Thinking Level 3 (Reasoning)	Extended Thinking Level 4 (Products/Performance)
			Demonstrate and refine study skills and test-taking strategies utilizing available academic resources.

**Learning Goal B: Self-management for Educational Achievement**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
			Demonstrate and refine a self-management system to promote academic success.

**Content 5: Applying the Skills of Transitioning Between Educational Levels**

**Learning Goal A: Transitions**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
		Recognize ongoing academic expectations and develop strategies to meet increased demands.	

**Content 6: Developing and Monitoring Personal Educational Plans**

**Learning Goal A: Educational Planning for Life-long Learning**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
		Assess academic achievement to refine education goals for life-long learning.	

**Strand: Career Development (CD)**

**Content 7: Applying Career Exploration and Planning Skills In The Achievement Of Life Career Goals**

**Learning Goal A: Integration of Self-knowledge into Life and Career Plans**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
			Use current interests, strengths, and limitations to guide career exploration and educational planning.

**Learning Goal B: Adaptations to World of Work Changes**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
Be aware of occupations and careers as they relate to career paths, personal interests, and aptitudes.			

**Learning Goal C: Respect for All Work**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
	Recognize the relevance of all work and workers, and their existence in a global society.		

**Content 8: Knowing Where and How to Obtain Information About The World Of Work And Post-Secondary Training/Education**

**Learning Goal A: Career Decision Making**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
			Utilize career and educational information to explore career paths of interest.

**Learning Goal B: Education and Career Requirements**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
			Utilize a variety of resources to obtain information about the levels of training and education required for various occupations.

**Content 9: Applying Employment Readiness Skills and the Skills for On-The-Job Success**

**Learning Goal A: Personal Skills for Job Success**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
			Utilize information about personal, ethical, and work habit skills to enhance individual student success.

**Learning Goal B: Job Seeking Skills**

Measurable Learner Objectives:

<b>Recall</b> Level 1 <b>(Basic Knowledge)</b>	<b>Application</b> Level 2 <b>(Skills)</b>	<b>Strategic Thinking</b> Level 3 <b>(Reasoning)</b>	<b>Extended Thinking</b> Level 4 <b>(Products/Performance)</b>
			Identify and demonstrate basic job seeking skills of interviewing and completing applications.