

Essay Contest

In Honor of Avantika Khatri

First Place, \$500; Second Place, \$300; Third Place, \$100



Avantika graduated from
Rock Bridge High School in 2012
She had immense passion for social issues

The Substance Abuse and Dependence in High School and College Students

High school and college students are abusing a number of prescription drugs, over-the-counter drugs, and illegal drugs. Substance abuse or dependence among young adults is hardly new, but behavioral experts believe the progression of prescription drugs overdoes, in addition to a spike in binge drinking, borders on alarming in high school and college students. Substance abuse is a pattern of drug use leading to significant problems or distress and substance dependence is a continued use of drugs or alcohol, even when significant problems related to use have developed. According to a Columbia University study, the substance abuse or dependence in high school/college students is three times the rate of the general population.

This essay will address the grave problem of substance abuse and dependence in high school and college students. A good essay will address the problem in a comprehensive manner, will be well-informed, and offer new insights.

SUMISSION

The suggested length: **1,500 words**.

Submit to: A Word or PDF file via e-mail to Naresh Khatri at profnareshkhatri@gmail.com.

Deadline: **February 20, 2017**. Queries: Naresh Khatri at e-mail address above or phone 573-443-4143.