

Best Ever Play Dough

Safety Tip

Homemade recipes for play dough are safe, but remind your child it is not for eating.

How do we do it?

What Do We Need?

- ✓ 3 oz. sugar free fruit flavored gelatin
- ✓ 2 cups flour
- ✓ 2 cups salt
- ✓ 4 tablespoons cream of tartar
- ✓ 2 cups boiling water
- ✓ 2 tablespoons cooking oil
- ✓ Tray or cookie sheet or placemat
- ✓ Interesting tools to explore play dough

1. Dissolve gelatin in water.
2. Mix in other ingredients. Form into a ball.
3. Knead, pat, roll and poke play dough.

What's in it for us?

- ❖ As your child plays they will build strong hand muscles which will be needed for holding a pencil and cutting.
- ❖ Kneading, patting and rolling are great ways to reduce stress.

