

# Finger Painting

## Safety Tip

Though most finger paints are non-toxic, remind your child that it is not meant for eating.

## How do we do it?

### What Do We Need?

- ✓ Shirt to cover clothing
- ✓ Plastic table cloth
- ✓ Washable finger paint
- ✓ Finger paint paper
- ✓ Q-Tips, sponge, tongue depressor, and other tools

1. Wet the piece of finger paint paper.
2. Spread the paint and encourage or demonstrate how to make designs on paper.
3. If child is reluctant to touch the paint, give him an implement (Q-Tips, sponge, tongue depressor, etc.) to use.

### What's in it for us?

- ❖ Finger painting develops fine motor skills by exercising the small muscles of the hand.
- ❖ Being creative helps children learn about themselves and it develops the right side of the brain.

