Classroom Guidance Goals

Personal/Social Development
* Understanding self as an individual and as a member of diverse local and global communities
* Interacting with others in ways that respect individual and group differences.
* Applying personal safety skills and coping skills.

Academic Development
* Applying the skills for educational achievement.
* Applying the skills of transitioning between educational levels.
* Developing and monitoring personal educational plans

Career Development
* Applying career exploration and planning skills in the achievement of life career goals
* Knowing where and how to obtain information about the world of work and post-secondary training/education
* Applying employment readiness skills and the skills for on-the-job success.

Benton Elementary Guidance and Counseling Program

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Benton Elementary Guidance and Counseling

Helping students be safe, respectful, learners in and out of the classroom
The guidance and counseling program at Benton supports the school mission through classroom lessons, individual and small group counseling and collaboration with educators and parents.

Classroom Lessons:
The counselor visits each K-5th grade class. These classes are 30 or 50 minutes long, during the regular school year.

The general categories focused on during these lessons are:

-personal/social development
-academic development
-career development

Individual Counseling:
The counselor meets regularly with students who need one-on-one support to be successful at school. Examples include:

-students who are dealing with stressful situations
-students who have trouble behaving appropriately in one or more school settings
-students who need help developing skills to get along with their peers

Small Group Counseling:
The Counselor works with students who would benefit from extra support in a group setting. Groups may be formed to help students work on social skills, develop better study skills, learn appropriate ways to express anger, understand and cope with a significant change in their lives or for other reasons as the need arises.