Ridgeway Kindness Week
January 7-11, 2019

Don't forget to bring your rock!!

Monday: Wear Yellow - Yellow is the color of friendship, hope and happiness. We will begin the week with a Kindness Assembly, which will include a Reader’s Theater and a shared song “Thank you for being a friend.”

Tuesday: Mix It Up Day - Wear Mixed/Matched Attire
Students will sit with someone new for lunch. We will have conversation starters at the tables.

Wednesday: Hats off to Kindness Day - Everyone wear your own hat to represent RWE’s group effort to care about our community by sharing kindness, hats and mittens.
Bring hats and mittens to share with those in need.

Thursday: Be a Good Sport - Wear game day/sports attire
Thursday night, January 10 from 6:30-7:30 PM: Kindness Week GAME NIGHT with the family, bring a game to share
Game Night participants will see “What does Kindness Mean to Me?” writings by Unit B and C and Kindness Posters from Unit A.

Friday: Kindness Rocks - Dress like a Rock Star
Each student will receive a kindness rock to take home.
What does kindness mean to you and how will you pass it on?

Kindness is a warm and fuzzy feeling!
Help us spread the warmth throughout our community. We will be collecting donations of hats, gloves, and mittens in preparation for Kindness Week.
Thanks for your support.
100 Acts of Kindness for Kids

- Make a get well card for someone.
- Collect coloring books and crayons to give to children's hospital.
- Write a thank you note to your mail carrier.
- Turn off the water while brushing your teeth.
- Go to the library and clean up the area.
- Volunteer at a soup kitchen.
- Celebrate a birthday with a friend.
- Send a postcard to a friend.
- Make a thank you card for your teacher.
- Deliver water bottles to the homeless shelter.
- Create activity bags for families of deployed soldiers.
- Make a candy gram for the police department.
- Ask for donations instead of birthday gifts.
- Take care of someone's pet while they're away.
- Hold the door open for someone.
- Return someone's cart at the store.
- Leave money on someone's doormat.
- Leave bubbles on someone's driveway.
- Leave a note for someone's special day on a DVD rental machine.
- Leave a popsicle surprise on a fireman's car.
- Share a special day with a friend.
- Make someone else's bed.
- Help someone unload groceries at the store.
- Hold the door open for someone without being asked.
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