Ridgeway Elementary School
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Website: https://www cpsk12.org/

Ridgeway RAP
April 23, 2020

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PTSA FunDay Silent Auction

There is still time! Event ends this Saturday, April 25 at 4pm CST. We encourage you to share the link with family and friends interested in supporting Ridgeway.

To participate, follow this link: www.32auctions.com/RWEFunday

♦ Click "View all items"
♦ You will be prompted to make an account. After making your account a verification email will be sent to your email. You must click on this email to verify your account. After checking your email return to the original link and log in.
♦ Once you have joined you will click on items to place a bid. All winning bids will receive an email following the close of the auction. You will be required to pay all invoice items online using a credit or debit payment. Delivery will be by mail if possible or porch drop off in Columbia only.

If you have trouble with this process, please contact Danielle Johnson by phone, text or email (573) 303-2160 or Dajohnson@cpsk12.org or Amanda Fues by phone, text or email (573) 289-6381 or amandasfues@gmail.com

Thank you for your patience and participation.

Principal’s Pen...

Last week, I wrote about ways to incorporate writing into your time at home. I hope that you were able to try an idea or two. This week, I hope that you will consider ways to make reading fun, family time. Building a fort is my #1 recommendation. Take four or five chairs, put them in a circle, and drape the biggest sheet or blanket you have over the tops. Done – fort built! Put a basket of books inside with a flashlight, add a few writing/coloring/drawing options, and your kids will be set! There were periods of time when my own children were young that we had forts in our living room most of the time. You might also consider reading outside, maybe on a blanket.

There are two things that I would ask you to do in the next week:

Please designate a place to keep any books that you have that are labeled ‘Ridgeway’. At some point, we will ask families to return all of the books we gave out on March 16 and 17. If you have them in a pile next to the bed, on a shelf, or in a reusable bag – it will be quick and easy to gather and return the books. Please continue to enjoy them in the meantime, just return them to the designated spot!

We are thinking ahead and planning for next school year. Please complete this Google form regarding your need for bus transportation. Whether you DO or DO NOT need transportation, each family should complete the form. We do not want to miss anyone!

https://forms.gle/urny52rmN7MvKRHUy7

I need to close . . . going to build a fort . . . it’s fun at every age!
News from the Specialists

Each week specialists will highlight a resource from the district COVID website or share a non tech activity families can do for fun.

Art: Take some virtual drawing lessons through the YouTube channel Art For Kids Hub https://www.youtube.com/user/ArtforKidsHub

Counselor: Greetings Ridgeway Families. Attached is information regarding an upcoming online parenting class, Building Strong Families. The attached flyer provides more details. It is recommended participants attend all four sessions, or as many as they can. This specific course is being offered at no cost to participants. Once participants register (https://extension2.missouri.edu/events/building-strong-families), they will receive a link for the Zoom virtual classroom in their email. If participants have trouble with registration or have any questions about the program, they can contact the instructor, Tina Edholm, at edholmc@missouri.edu or can call the Family Impact Center at 573-882-2428.

Building Strong Families | MU Extension (Course Description)
As we monitor the ongoing national response to the spread of COVID-19 and keep public health top of mind, we have decided to modify this event to be held via Zoom. University of Missouri Extension’s Building Strong Families: Challenges and Choices program helps families find their strengths, build on those strengths, and learn skills to create stronger families, improve relationships, and increase communication. Register online to receive zoom invite. Cost: Free Partners: MU Family Impact Center Sessions (All sessions are 5:30 pm to 7:30 pm)5/6/20 5/13/20 5/20/20 5/27/20 extension2.missouri.edu

Library/Media: Ever wonder what it would be like to be an astronaut?! Check out these two resources found on the district COVID19 site about space life! Virtual field trip of the international space station: https://www.nasa.gov/audience/foreducators/stem-on-station/dayinthelife
Story time from space! Hear real astronauts read aloud children’s books: https://storytimefromspace.com/library/

Music: Hi all! No new choice board this week but feel free to check out the first one with at this link: https://docs.google.com/document/d/1Nlxo2CPyp2KgB9hW1NhGoaYNJ5fHgL5ZKA7S00rRdQ/edit

For our Ridgeway enrichment this week I made a new instrument out of water glasses called the water glass xylophone. A super fun and easy experiment in sound. Check out the video explaining how to make your own and then find the videos for specific units where Ms. Meeds plays a game called “Guess that song!” Water glass xylophone: https://www.youtube.com/watch?v=RL8MmLg3I0M&t=46s
Unit A: https://www.youtube.com/watch?v=Ijb qrTy8Xw&list=TLPQMjEwNDJwMjAG2Keuy4boyA&index=1
Unit B: https://www.youtube.com/watch?v=3lXlhYnJsV4&t=36s
Unit C: https://www.youtube.com/watch?v=sZiNf5reUW8&t=58s

PE: Hello Ridgeway families, I hope you are all doing well and enjoying the nice weather this week. I have selected a balloon activity that can be done indoors or outdoors. It also incorporates some fitness aspects while working with 1 and 2 balloons. Have fun and keep active! https://www.wevideo.com/view/1614427122
**News from Mr. Buckner**: Hey Ridgeway families! I hope that you and your kids enjoyed a fun game of knockout. This week I encourage you to sit down with your family and write down three things you are thankful for. Here is an example. 1. I am thankful for my mom. 2. I am thankful for my family and friends. 3. I am thankful for everyone at Ridgeway! Now you try it.

**News from Mrs Pagoada**: Stuck at home and bored with nothing to do? Consider taking a virtual field trip from the comfort of your home! See Paris, Rome, Tokyo and more! Check out: [https://www.virtualfieldtrips.org/](https://www.virtualfieldtrips.org/)

**Ridgeway Enrollment for 2020-2021**

As we prepare for 2020-2021 school year, it is time to assess our student enrollment. Please submit this google form if your child will NOT be attending Ridgeway next year. We need to know as soon as possible or no later than May 15.

[https://forms.gle/CrNjKmoPpypo9zcZ7](https://forms.gle/CrNjKmoPpypo9zcZ7)
# Building YOUR Base

A free educational program offered by MU Extension in partnership with Family Impact Center

University of Missouri Extension's Building Strong Families: Challenges and Choices program helps families find their strengths, build on those strengths, and learn skills to create stronger families, improve relationships, and increase communication. The program covers four topics and uses hands-on activities to involve participants.

Registration
Register [here](#) or call MU Family Impact Center at 573-882-2428 for registration assistance. Participants are encouraged to attend all sessions.

Instructor: Tina Edholm, Human Development & Family Science Specialist, MU Extension

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>May 6th</td>
<td>Family Strengths</td>
</tr>
<tr>
<td>5:30 – 7:30 pm</td>
<td>Want to help your family get stronger? What are your family’s unique strengths? How can you build upon them?</td>
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<tr>
<td>May 13th</td>
<td>Setting Goals</td>
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<tr>
<td>5:30 – 7:30 pm</td>
<td>Give yourself credit for what you are doing right and do more of what you do well. Goals provide direction. Families that establish both short- and long-term goals are more likely to achieve what is important to them.</td>
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<tr>
<td>May 20th</td>
<td>Positive Discipline</td>
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<tr>
<td>5:30 – 7:30 pm</td>
<td>In touch with your kids? What is your parenting style? Learn positive discipline and guidance strategies to influence children’s behavior.</td>
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<tr>
<td>May 27th</td>
<td>Balancing Responsibilities</td>
</tr>
<tr>
<td>5:30 – 7:30 pm</td>
<td>Too much to do? Identify contributing causes for lack of balance in your life. Learn strategies and solutions to put balance back in your family's life.</td>
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For more information: 573-882-2428  
For ADA accommodations, contact: 660-882-5661  
edholmc@missouri.edu