School Counselor Newsletter

The primary role of a school counselor is to support student success. We do this through classroom counseling lessons (like Advisory lessons), individual student planning (as in enrolling for classes), responsive services (like peer mediation), and system support (as in responding to parent concerns). We support students and families in three domains: academic development, career development, and person/social development. Below is what has been going on recently at Lange Middle School.

Academic Development

Wow! It is hard to believe that when you read this it will be MAY! This year seems to have flown by.

Now is a time when students (and adults as well) may be a little tired and ready for summer. If your student is feeling this way, he/she is NOT alone! The end of the year gets a little crazy with testing, field trips, and just…work! 😊 Encourage your student to continue to work as hard as he/she can. It is still ok to ask for help. Every day is important and the cumulative effect means growth and success! Keep working hard!

Once summer is here, is a great time for enrichment! That might mean summer school, grocery shopping trips (to practice reading and math), or a trip to the library. Keep your skills sharp!

Career Development

With summer right around the corner, we encourage students to do a little exploring this summer…career exploring, that is! This might look like a volunteer opportunity, a babysitting job, yard work, summer camp, summer school, or even just some career research using the Missouri Connections website (www.missouriconnections.org). Use the flexibility and fun of summer to explore your interests! Keeping a journal of what you do and how you would rate the activity are great tools to share with your family and/or to re-read at a later date. Just explore! 😊

Personal/Social Development

Once school is out, it is a good time to take a break from technology, or at least put a limit to it. Limiting screen time leaves more open time to spend with friends and family. Think of all the opportunities to be outside, soaking up the fresh air!!! This might also be a great time to visit relatives and learn from real live people instead of a device. Oh the stories friends and relatives can tell! 😊
**Miscellaneous**
As always, please feel free to reach out to us with any questions or concerns: (573-214-3250). Follow us on Twitter @LangeCounselor and/or share your fun summer events with LMS by using the hashtag #LMSSummer. We look forward to seeing how LMS students are spending their summer! 😊